

# LIBERAL STUDIES MAJORS

Area of Concentration  
in  
Physical Education  
or  
Adapted Physical Education

Offered by the Department of Kinesiology and Health Promotion  
California State Polytechnic University, Pomona

We have created two areas of concentration for you. These areas will provide the necessary information and skills that will enable you to teach elementary or adapted physical education. Grounded in theory, the courses are practical applications of the course material. They are designed to help you become an effective teacher. They give to you the how and the what to teach in physical education -- come join us!

**The following represents the courses (must complete at least 16 units) for those students interested in Physical Education:**

KIN 312/A	Lifespan Motor Development	4 units
KIN 404/A	Rhythms and Dance	3 units
KIN 415	Developmental Games	3 units
KIN 416	Developmental Gymnastics	3 units
KIN 204/A	Physical Education Fieldwork	3 units OR
KIN 440	Physical Education Curriculum	4 units

If you have any questions please call Dr. Andrea Metzker (909) 869-2783.

**The following represents the courses for those students interested in Adapted Physical Education:**

KIN 206	Introduction to Adapted Physical Education	3 units
KIN 404/A	Rhythms and Dance	3 units
KIN 405/A	APE Fieldwork	3 units
KIN 406/A	PE for Physically and Health Impaired	4 units
KIN 410/A	PE for Individuals with Severe Disabilities	4 units

If you have any questions please call Dr. Perky Vetter (909) 869-2776.