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University Information

Institution: Cal Poly Pomona
 Location: 3801 West Temple Avenue, Pomona, CA 91768
 Founded: 1938
 Enrollment: 19,960
 Nickname: Broncos
 Colors: Green & Gold
 Affiliation: NCAA Division II
 Conference: California Collegiate Athletic Association
 Members: CS Bakersfield, CS Dominguez Hills, Cal State L.A.,
 CS Monterey Bay, CS San Bernardino, CS Stanislaus,
 Chico State, Sonoma State, UC San Diego

 Univ. President: Dr. J Michael Ortiz
 Athletic Director: Brian Swanson
 SID: Paul Helms
 SID Office: (909) 869-2812
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Primary Print Media

Inland Valley Daily Bulletin (www.dailybulletin.com)
 P: (800) 827-2120 E: sports@dailybulletin.com F: (909) 948-9038
Los Angeles Times - Downtown (www.latimes.com)
 P: (800) 528-4637 (77145) E: sports@latimes.com F: (213) 237-7876
San Bernardino Sun (www.sbsun.com)
 P: (909) 386-3865 E: sports@sbsun.com F: (909) 384-0327
San Gabriel Valley Tribune (www.sgvtribune.com)
 P: (800) 788-7578 (#2213) E: sports@sgvn.com F: (626) 856-2758

Team Information

Head Coach: Jim Sackett
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 E-mail: jsackett@csupomona.edu
 Asst. Coaches: Gary Borbon, Chuck Foote, David Loud, Tony Reyes
 Asst. Phone: (909) 869-2828
 Facility: Prado Park, Chino



2005 Coaching Staff



Jim Sackett

The dean of Cal Poly Pomona head coaches, Jim Sackett is heading into his 26th year with the Bronco cross country and track and field programs and he does it with yet another exciting and busy campaign planned.

The Broncos will once again be the hosts of regional and national cross country events. Cal Poly Pomona will first host the 2005 NCAA Division II Cross Country West Regional Championships at Prado Park on Nov. 5 and will then host the NCAA Division II National Championships two weeks later on Nov. 19.

This is nothing new for Sackett, who has done more than his fair share to promote the sports of cross country and track and field by hosting big competitions.

The Broncos had another successful cross country season in 2004. The Bronco men finished second in the California Collegiate Athletic Association, second in the NCAA Division II West Region and qualified for the national championships for the second straight year. Cal Poly Pomona finished 14th in the nation. The Bronco women also did well, finishing fourth in the conference for the second straight season and taking sixth in the West Region, just missing out on a trip to the nationals.

The Broncos stepped up on a national stage in 2003-04, hosting both the 2003 NCAA Division II Cross Country West Regional Championships and the 2004 NCAA Division II Outdoor Track and Field National Championships.

Cal Poly Pomona enjoyed great success as well, finishing 11th in the nation in men's cross country after taking second in the California Collegiate Athletic Association and third in the West Region. The national finish was the best for the Broncos since 1997. The women also enjoyed a more successful year, finishing fourth in the CCAA and 12th in the West Region. For his efforts, Sackett was named the CCAA Men's Cross Country Coach of the Year.

In track and field, the Broncos sent three student-athletes to the national championships and had one All-American. In 2004, five student-athletes went to the national championships in 2004 and had two All-Americans.

Sackett guided the Broncos to the 1983 national championship in men's cross country and has been recognized as a national Coach of the Year in both cross country and track and field. In 36 years as a college head coach, Sackett, who also coached track and field at Western Illinois University for 11 years and cross country for five years, has guided 12

individual national champions, 134 outdoor track and field All-Americans and 23 cross country All-Americans.

Sackett's impressive career includes a memorable span from 1996 to 1998 when he earned a bundle of coaching awards. He was named the United States Track Coaches' Association's National Coach of the Year in men's cross country in 1997 and the USTCA's Women's Track and Field National Coach of the Year in women's track and field in 1997. He was also the CCAA Coach of the Year in men's cross country in 1996 and 1997, the CCAA Coach of the Year in men's and women's track and field in 1997 and 1998, the NCAA West Regional Coach of the Year in men's cross country in 1996 and 1997 and the USTCA's West Region Coach of the Year in women's track and field in 1997 and 1998.

All those accolades are based on the continued success of the Cal Poly Pomona programs as well as Sackett's unparalleled dedication to the sports of cross country and track and field. He is a tireless proponent of those sports and is a sought-after speaker at clinics across the country. He has also written numerous articles about conditioning and competing in cross country and track and field. Sackett has been the treasurer of the NCAA Track Coaches' Association and has coordinated its All-American awards program.

In 1987, Sackett was presented with a distinguished service award by the NCAA Cross Country Coaches' Association for his outstanding contributions to the sport. He earned the same award in 1989 and 1994 for his work in track and field. He was also named to the Hall of Fame at the Drake Relays in 1993 and the Western Illinois University Hall of Fame in 1997. Between Western Illinois and Cal Poly Pomona, Sackett has won 13 relays at Drake and had one individual champion.

Prior to his coaching stint at Western Illinois, Sackett coached for two years at Davis High School and five years at Sacramento City College, where he coached seven state champions and guided his team to a second-place finish in the state in 1969. He graduated from Mankato State University in Minnesota in 1961 with a degree in history and physical education. A middle-distance runner for the Mavericks, Sackett also competed in the Drake Relays. He earned his master's degree in education at Washington State.

Sackett and his wife Phyllis, who is a retired resource specialist for the Placentia Unified School District, reside in Anaheim and are the proud parents of Sean and Alysia.

2005 Coaching Staff

Assistant Coach

Gary Borbon

Twenty-First Year



A former distance standout for the Broncos, Gary Borbon begins his 21st season as an assistant coach. Borbon concentrates his efforts with the distance team, both in track and cross country.

A four-year letterman for Cal Poly Pomona, Borbon earned All-America honors in 1983 in cross country after finishing 14th as the Broncos won the NCAA Division II National Championship.

On the track team, Borbon competed in the 5,000 and 10,000 meters runs, holding marks in the university's top ten in both events. His time of 29:52.2 (1981) ranks as the school's third-best time in the 10,000, while the mark of 14:25.6 (1983) in the 5,000 is ninth best.

Borbon earned his degree in business administration in 1984. He works full-time with Fox Television.

Assistant Coach

Chuck Foote

Seventeenth Year



With a strong knowledge of distance running, Chuck Foote has become an active member of the Cal Poly family and an important teacher of the Broncos' female cross country and track athletes. In the fall, Coach Foote assists in overseeing the Pomona women's cross country program.

Foote recently retired as a full-time police officer with the City of Los Angeles. For many years, he has directed the Baker-to-Las Vegas road race, a national competition among police officers. He was also the Director of the Revolver Club, an athletic organization within the LAPD.

His son, Chuck Jr., was a distance runner for the Bronco men and graduated in 1998. His other child, Cynthia, is a graduate of Cal State Fullerton. He and his wife Suzie reside in West Covina.

Assistant Coach

David Loud

Fourteenth Year



Previously a Cal Poly Pomona student-athlete, Loud continues his commitment to the cross country program as a volunteer assistant coach. Since 1992, Loud has brought his dedication and experience to the Broncos. Forever a part of Bronco history, Loud was a key member of the 1983 NCAA Division II National Championship team. In 1986, he earned All-America status in cross country. Loud also competed in the 5,000 and 10,000 meters on the track and field team.

An active supporter of Cal Poly Pomona student-athletes, Loud is a devoted member of the Bronco Athletic Fund, the booster organization for Intercollegiate Athletics. He earned his bachelor's degree in Communication Arts from Cal Poly Pomona in 1988.

Assistant Coach

Tony Reyes

Second Year



A top student-athlete at Cal Poly Pomona, Reyes returns to the Cal Poly Pomona cross country coaching staff as a volunteer assistant coach for both the men's and women's programs. Reyes was a two-time All-American for the Broncos in cross country, earning the honors in 1980 and 1983.

He also holds the second-fastest 10,000 meter time in the program's history with his 30:08.0 clocking in the NCAA Division II West Regional in Riverside in 1982. He was a major part of the 1983 team that won the NCAA Division II championship. Reyes was also a five-time All-American in track and field, earning honors in 1980 (1500 meters), 1981 (1500 meters), 1982 (1500 meters) and 1984 (1500 meters, 3000 steeplechase). He holds the school records in the mile (4:08.18) and the steeplechase (8:53.28).

He is currently the head cross country coach and assistant coach at St. Lucy's Priory in Glendora and also owns his own thrift store business.

Team Photo & Roster



<u>NAME</u>	<u>HT</u>	<u>YR</u>	<u>HOMETOWN / PREVIOUS SCHOOL</u>
Maria Cardenas	5-4	Jr.	Ontario (Mt. San Antonio College)
Christine Gamboa	5-4	Fr.	Upland (Upland HS)
Claudia Garcia	5-3	So.	Whittier (La Serna HS)
Tatiana Garcia	5-0	So.	El Monte (S. El Monte HS)
April Grothe	5-6	Jr.	Diamond Bar (Diamond Ranch HS)
Raha Hakimdavar	5-7	Jr.	Irvine (Irvine HS)
Whitney Hurley	5-3	Jr.	Alta Loma (Alta Loma HS)
Christina Jimenez	5-0	Jr.	Apple Valley (Granite Hills HS)
Evelyn Lopez	5-2	Jr.	Lawndale (Hawthorne HS)
Esmeralda Macedo	5-3	Jr.	Fontana (Riverside City College)
Natalie Miano-Batres	5-2	Sr.	Rowland Heights (Nogales HS)
Naomi Nunez	5-0	Sr.	San Gabriel (Temple City HS)
Keiry Perez	5-0	So.	Ontario (S. El Monte HS)
Jamie Ray	5-3	Sr.	Barstow (Barstow HS)
Monica Valdez	5-3	Sr.	Lake Elsinore (Temescal Canyon HS)
Karina Vega	5-4	So.	Chino Hills (Ayala HS)

Head Coach: Jim Sackett, 26th year (Mankato State, '61)

Assistant Coach: Chuck Foote, 17th year (Cal State L.A. '69)

Volunteer Assistant Coach: David Loud, 14th year (Cal Poly Pomona '88)

Volunteer Assistant Coach: Tony Reyes, 2nd year (Cal Poly Pomona '88)

Affiliation: NCAA Division II

Conference: California Collegiate Athletic Association

2005 Profiles



Christine Gamboa

Freshman | Upland (Upland HS)

A runner with a strong middle-distance background, Gamboa joins the Cal Poly Pomona program. Is using the cross country season to build strength for track and field. Will add quality depth to the team.

At Upland HS: Was a four-year letterwinner in track and field and a three-year performer in cross country. Also competed in soccer.

Personal: Daughter of Juan Gamboa and Colleen Cooper. Is an undeclared major. Enjoys indoor soccer. Lists finding out she was good at the 400 meter run halfway through her senior year and making it to CIF on the school's 4x400 relay team as her most exciting experience in sports.



Claudia Garcia

Sophomore | Whittier (La Serna HS)

After a promising start to her Cal Poly Pomona career, Garcia returns for her second season with the program. Has been slowed down by injuries, but has the potential to be in the top seven.

At Cal Poly Pomona: Made an immediate impact for the Broncos in 2004 and competed in four races. Best finish came at the Aztec Invitational where she placed 31st with a time of 21:10 over 5,000 meters. Had a best time of 20:32.5 in the UCR Invitational. Is also a member of Cal Poly Pomona's track and field team.

At La Serna HS: Was on her school's Honor Roll. Won league titles in cross country and track and field. Was the Most Valuable Runner for three years and a scholar-athlete eight times. Competed in cross country, soccer and track and field.

Personal: Daughter of Jose and Juana Garcia. Majoring in marketing. Enjoys running through sprinklers with her handed down iPod. Lists breaking her school record as her most exciting experience in sports.



Tatiana Garcia

Sophomore | El Monte (S. El Monte HS)

After a solid start to her Cal Poly Pomona career, Garcia returns for her second year with the program. Is leading to adjust to the higher mileage of college cross country. Is expected to add to the team's depth this season.

At Cal Poly Pomona: Competed in three events for the Broncos in 2004, including the CCAA Championships. Placed 71st in the conference finals with a time of 25:45.1 over 5,600 meters. Also competed in the Aztec Invitational and the UCR Invitational. Also competes for the Cal Poly Pomona track and field team.

At So. El Monte HS: Earned Tri-Athlete honors twice, Scholar-Athlete honors three times, made the Honor Roll eight times and was an MVP and Rookie of the Year. Ran with the top runners in league finals. Also competed in track and field and soccer.

Personal: Daughter of Cristina Garcia. Majoring in electronics and computer engineering technology. Enjoys listening to music.



April Grothe

Junior | Diamond Bar (Diamond Ranch HS)

After contributing to the team last year, Grothe returns for her third season at Cal Poly Pomona. Is a hard worker and is expected to add to the team's depth this year.

At Cal Poly Pomona: Competed in three events for the Broncos in 2004, including the CCAA Championships. Finished 45th in the conference finals with a time of 22:53.1 over 5,600 meters and was part of the Broncos' top seven. Also ran in the Aztec Invitational and the UCR Invitational. Joined the program in 2003 and competed in one race, the Biola Invitational, but missed the remainder of the season with an injury. Was granted a medical redshirt. Ran for Cal Poly Pomona's track team and had the top 3,000-meter steeplechase time (12:10.48).

At Diamond Ranch HS: Received letters for two years in cross country. Was voted her team's most improved runner in 2001 and the team's most valuable runner in 2002. Also competed in track and field. Graduated with a 4.0 grade point average.

Personal: Daughter of Jack and June Grothe. Majoring in animal science. Enjoys crafts, sports, sewing, swimming, Frisbee and clubs.

2005 Profiles



Raha Hakimdavar

Junior I Irvine (Irvine HS)

One of the team's top newcomers, Hakimdavar joins the Cal Poly Pomona program. Came out as a freshman, but didn't compete and then sat out last year. Coaches are glad she came back. Has the potential to be in the team's top seven.

At Irvine HS: Was the Sea View League champion in 2001 and the Most Valuable Runner of the school's cross country and track and field teams from 2001-03.

Personal: Daughter of Houshang and Atoofeh Hakimdavar. Majoring in civil engineering. Enjoys dancing, learning martial arts, philosophy and reading.



Whitney Hurley

Junior I Alta Loma (Alta Loma HS)

A runner who continues to show tremendous improvement, Hurley returns for her third season at Cal Poly Pomona. Is well ahead of last year's pace and should be battling for a scoring position this season.

At Cal Poly Pomona: Showed outstanding improvement for the Broncos in 2004. Competed in six meets and was a consistent member of the top seven. Finished 48th in the CCAA Championships with a time of 23:04.5 over 5,600 meters and was 81st in the NCAA Division II West Regionals. Had a best time of 19:55.2 in the UCR Invitational over 5,000 meters while finishing 43rd. Was also 29th in Aztec Invitational. Competed in three meets for the Broncos in 2003. Placed 58th in the CCAA Championships with a time of 25:00.9 over 6,000 meters. Also ran in the Bronco Invitational and the Biola Invitational.

At Alta Loma HS: Competed in cross country and track and field and was also a cheerleader in high school. Had a top time in cross country of 18:30 over three miles. Has a top time of 11:45 over 3,200 meters in track.

Personal: Daughter of Janell Hafner. Majoring in dietetics. Enjoys running, swimming, spinning, working out, reading, movies and hanging out with her family. Lists running marathons as her most exciting experiences in sports.



Christina Jimenez

Junior I Apple Valley (Granite Hills HS)

After two outstanding seasons at Cal Poly Pomona, Jimenez returns for her third season with the program. Comes into this season ahead of last year's pace and should be one of the runners challenging for the No. 1 spot on the team.

At Cal Poly Pomona: Turned in a second straight impressive season for the Broncos in 2004. Placed 27th in the CCAA Championships with a time of 21:46.1 over 5,600 meters. Placed 32nd in the NCAA Division II West Regionals with a time of 24:24 over 6,000 meters. Was the Broncos' No. 2 runners in both meets. Had a sensational freshman season for the Broncos and established herself as one of the top runners in the CCAA. Earned All-CCAA honors by finishing 14th in the CCAA Championships in 22:28.9. That time was the fastest 6,000-meter clocking in the program's history. Took 27th in the NCAA Division II West Region at Prado Park in 23:26.8. Also runs track for the Broncos in the spring and earned All-CCAA honors by finishing third in the 10,000 meters in 2004.

At Granite Hills HS: Was her team's Most Valuable Runner and was also on her school's Honor Roll. Had a top time of 18:23 over a 2.98 mile course in cross country and finished 11th in the state. Also ran 11:10 in the 3,200 meters in track and field and qualified for the CIF Masters Meet. Was the Daily Press' Athlete of the Year.

Personal: Daughter of Juan and Maria Jimenez. Majoring in international business. Enjoys reading, bike trials and spending time with family and friends. Lists winning finals in her freshman year in high school as her most exciting experience in sports.

2005 Profiles



Evelyn Lopez

Junior | Lawndale (Hawthorne HS)

One of the team's top newcomers, Lopez joins the Cal Poly Pomona program. Should battle for one of the top seven positions. Has added great depth to the team and could be a potential scoring member.

At El Camino College: Was one of the program's top runners.

At Hawthorne HS: Was one of the team's best runners.

Personal: Daughter of Leticia Hernandez. Majoring in business. Lists traveling as her most exciting experience in sports.



Esmeralda Macedo

Junior | Fontana (Riverside City College)

A hard-working newcomer, Macedo joins the Cal Poly Pomona program. Is expected to add to the team's depth. Will also run middle distances in track and field at Cal Poly Pomona.

At Riverside City College: No info given. At Lakewood HS: No info given.

Personal: Daughter of Juan Macedo and Maria Jaramillo. Majoring in chemical engineering. Enjoys playing the piano. Lists free sparring in TKD as her most exciting experience in sports.



Natalie Miano-Batres

Senior | Rowland Heights (Nogales HS)

One of the team's leaders, Miano-Batres returns for her fourth season with the program. Will be competing for the No. 1 spot on the team once again. Had a breakthrough season last year and will look to follow that up this season. Is ahead of where she was at the beginning of last season.

At Cal Poly Pomona: Had her best season for the Broncos in 2004. Became the team's No. 1 runner. Finished 22nd in the CCAA Championships with a time of 21:36.6 over 5,600 meters and then placed 18th in a field of 137 at the NCAA Division II West Regionals with a time of 24:01.0 over 6,000 meters. Had her best 6,000-meter time of 23:37.0 in the Southern Indiana Invitational and placed 20th. Was one of the team's best runners as a sophomore in 2003. Had a best 5,000-meter time of 20:24.8 while finishing 58th in the Cal State Fullerton Opener. Best finish was a 28th-place placing at the Bronco Invitational with a time of 24:55.9 over 6,000 meters. Was 41st in the CCAA Championships (10-25-03) with a time of 23:50.3 over 6,000 meters and 103rd in the NCAA West Regional with a time of 25:50.6. Was one of three Cal Poly Pomona runners who spent time as the squad's No. 1 runner in 2002. Had a best 5,000-meter time of 19:31.0 while finishing 14th in the Stanford Invitational. Finished 44th in the CCAA Championships – which was third on the team – and 82nd in the NCAA West Regional. Also runs for the Bronco track and field team and has best times of 4:51.72 in the 1500 meters, 10:42.10 in the 3,000 meters and 18:12.90 in the 5,000.

At Nogales HS: Was the Athlete of the Year at Nogales High School after earning team MVP honors in cross country, basketball and track and field. Had a best time of 19:04 at Mt. San Antonio College. Was one of the top runners in the Sierra League and finished third in the league finals. Was the San Gabriel Valley's Runner of the Year.

Personal: Daughter of George and Sue Miano. Majoring in kinesiology. Most admires her husband, Mark, who she married in May of 2004. Enjoys cooking. Lists beating a team ranked 10th in the nation as her most exciting experience in sports.

2005 Profiles



Naomi Nunez

Senior | San Gabriel (Temple City HS)

A newcomer with some solid credentials, Nunez joins the Cal Poly Pomona program. Is currently battling injuries and coaching staff hopes she can begin training during the season. Is also a distance runner in track and should be a good addition to the program.

At Citrus College: Was her team's Most Valuable Runner.

At Temple City HS: Was the team's Most Valuable Runner, Most Improved Runner and earned the Coach's Award. Competed in cross country and track and field.

Personal: Daughter of Maria Nunez. Majoring in biology. Enjoys shopping, running and watching television.



Keiry Perez

Sophomore | Ontario (S. El Monte HS)

One of the program's most dedicated runners, Perez returns for her second year with the program. Comes into the season well ahead of last year's pace. Has been working hard and now needs to carry that over into competition.

At Cal Poly Pomona: Competed in two meets for the Broncos in 2004. Posted her best 5,000-meter time of 22:33.7 in the UCR Invitational. Also placed 77th in the Aztec Invitational. Also competes for the Cal Poly Pomona track and field team.

At So. El Monte HS: Was a Scholar-Athlete three times, on the Honor Roll eight times and Rookie of the Year. Also competed in track and field and soccer.

Personal: Daughter of Hector and Carmen Perez. Majoring in business. Enjoys swimming, ice skating, decorating, watching movies and going to basketball and football games.



Jamie Ray

Senior | Barstow (Barstow HS)

One of the leaders of the program, Ray returns for her final season with the Broncos. Has looked impressive in preseason workouts and should be battling for the No. 1 spot on the team. Is very dedicated and wants the team to reach the nationals. Is a great, quiet leader.

At Cal Poly Pomona: Returned to the program after a year off and picked up where she left off. Competed in six meets for the Broncos and was one of the team's top runners. Finished 33rd in the CCAA Championships with a time of 22:05.9 over 5,600 meters. Also placed 48th in the NCAA Division II West Regional with a time of 24:54.0 over 6,000 meters. Studied in Spain and did not compete for the Broncos in 2003. Ran in four races for the Broncos in 2002. Finished 36th in the CCAA Championships with a time of 22:57.0 over 6,000 meters. That time is No. 4 on the Bronco all-time list. Took 67th place in the NCAA West Regional (11-9-02). Was one of Cal Poly Pomona's best runners in 2001. Finished 60th in the CCAA Championships with a time of 25:43.2 and finished 89th in the NCAA Division II West Regionals with a time of 25:00.0. Her time in the regional was the sixth-fastest mark of the season for the Broncos. Has also ran track for Cal Poly Pomona and has best times of 10:50.98 in the 3,000, 11:22.14 in the 3,000-meter steeplechase and 19:20.94 in the 5,000 meters.

At Barstow HS: Earned all-league honors twice and received All-CIF and All-State recognition in 2000. Placed ninth in state as a senior. Won her school's Scholar-Athlete of the Year Award in 2000. Also competed for Barstow's swimming team.

Personal: Daughter of Debbie Wynne. Is a grad student after majoring in Spanish. Enjoys speaking Spanish with people at work and traveling. Lists running in state championships as her most exciting experience in sports.

2005 Profiles



Monica Valdez

Senior | Lake Elsinore (Temescal Canyon HS)

Described by the coaches as the communications specialist for the team, Valdez returns for her final season with the program. Is healthy and far ahead of last year's pace. Will be among those battling for the No. 1 spot on the team.

At Cal Poly Pomona: Returned to good health and had another strong season for the Broncos in 2004. Competed in six meets and was one of the team's top runners. Finished 30th in the CCAA Championships with a time of 21:56.3 over 5,600 meters. Placed 36th in the NCAA Division II West Regional with a time of 24:33.0 over 6,000 meters. Was sidelined by injuries in 2003 and missed the entire season. Was granted a medical redshirt. Was able to return and run for the Bronco track team in the spring. Spent parts of the 2002 season as the Broncos' No. 1 runner. Placed fifth in the Stanford Invitational with a 5,000-meter time of 19:35.0. Also placed ninth in the Bronco Invitational. Finished 46th in the CCAA Championships with a 6,000-meter time of 23:19.7 and was 85th in the NCAA Division II West Regional. Was the Broncos' No. 1 runner in 2001 and recorded one of the best freshman seasons in many years. Finished fourth in the Bronco Invitational with a time of 24:31.6 and was 14th in the Notre Dame Invitational with a time of 18:45.0 (over 5,000 meters). That performance earned her CCAA Athlete of the Week. Finished 23rd in the CCAA Championships with a time of 23:59.8 and was 24th in the NCAA Division II West Regional with a time of 23:17.0. That time is seventh on the Broncos' all-time list for 6,000 meters.

At Temescal Canyon HS: Earned All-League honors all four years in high school and was the Most Valuable Runner on her cross country and track and field teams all four years. Also a good student, she was on All-Academic teams all four years as well.

Personal: Daughter of Robert and Molly Valdez. Majoring in psychology.



Karina Vega

Sophomore | Chino Hills (Ayala HS)

After a solid season in 2004, Vega returns to the Cal Poly Pomona program in 2005. Has made great strides since being injured late in the season in cross country last year. Missed the track season, but should be challenging for a spot in the top seven this fall.

At Cal Poly Pomona: Was one of the program's most improved runners in 2004. Competed in six meets for the Broncos and was regularly in the top five. Finished 46th in the CCAA Championships with a time of 22:58.1 over 5,600 meters and was 76th in the NCAA Division II West Regional with a time of 25:42.0 over 6,000 meters. Placed 23rd in the UCR Invitational with a time of 19:30.9 over 5,000 meters. Finished 27th in the Southern Indiana Invitational with a time of 24:10.0 over 6,000 meters that is 11th on the all-time list. Competed in one meet for the Broncos in 2003 before being injured and having to miss the remainder of the season. Was granted a medical redshirt. Finished 86th in the UCI Invitational (9-6-03) in 22:23.1 over 5,000 meters. Also competes for the Bronco track team.

At Ayala HS: Was the Most Improved Runner on her team in 2000, 2001 and 2002. Won the Coach's Award in 2002. Was part of a team that qualified for the state championship in 2001. Also competed in track and field. Had a best time of 18:30 in cross country over a 3-mile course. Has top times of 2:35 in the 800 meters, 5:28 in the 1,600 and 11:52 in the 3,200.

Personal: Daughter of Silvestre and Maria Vega. Majoring in biology. Enjoys running and reading up on science. Lists running in the Great American cross country race in North Carolina in 2002 as her most exciting experience in sports.

2004 Season Results

2004 CCAA CHAMPIONSHIP RESULTS

Women, 5,600 Meters, At Cal Poly Pomona

All-CCAA Top 15

1. Jennifer James	Chico State	20:09.4
2. Kelly Ortieb	Chico State	20:28.4
3. Mary Biggs	Chico State	20:31.0
4. Laura Cohen	Chico State	20:34.8
5. Ciara Harvey	Chico State	20:38.4
6. Miriam Hodgins	UC San Diego	20:38.7
7. Tanya Zeferjahn	CS San Bernardino	20:39.4
8. Ryan Mayfield	Cal State Bakersfield	20:46.8
9. Diane Dunn	UC San Diego	20:54.5
10. Michelle DiMeo	UC San Diego	20:55.0
11. Sarah Montez	Chico State	20:56.7
12. Desiree Dvorak	Cal State Stanislaus	21:00.2
13. Jessica Loslovich	UC San Diego	21:02.5
14. Zuzana Iler	CS Bakersfield	21:14.5
15. Lindsey Young	UC San Diego	21:17.5

Team Results

1. Chico State 1-2-3-4-5-(11)-(16) – 15

Jennifer James, Jr.; Kelly Ortieb, Jr.; Mary Biggs, Jr.; Laura Cohen, Sr.; Ciara Harvey, Jr.; Sarah Montez, Hilary Oppido, So.

2. UC San Diego 6-9-10-13-15-(17)-(20) -- 53

Miriam Hodgins, Jr.; Diane Dunn, Fr.; Michelle DiMeo, Jr.; Jessica Loslovich, Fr.; Lindsey Young, Jr.; Lindsay Stalker, Sr.; Kathryn Olson, Fr.

3. Cal State Stanislaus 12-19-26-30-31-(39)-(49) – 118

Desiree Dvorak, Jr.; Erin Frier, Fr.; Amy Yonan, Fr.; Jamie Kendrick, Sr.; Geraldina Garcia, So.; Lindsey Viltrakis, Fr.; Hilda Ramirez

4. Cal Poly Pomona 21-23-25-27-29-(36)-(38) -- 125

Natalie Miano-Batres, Jr.; Christina Jimenez, So.; Monica Valdez, Jr.; Jamie Ray, Jr.; Shawna Winfrey, Sr.; Carolyn Brown, So.; April Grothe, Fr.

5. Cal State San Bernardino 7-24-32-35-43-(51)-(58) -- 141

Tanya Zeferjahn, Jr.; Holly DiGerolamo, Fr.; Kim Miller, Fr.; Becky Southworth, So.; Megan Holt, Fr.; Andrea Brandt, So.; Kathy Keenan, Jr.

6. Cal State Bakersfield 8-14-40-52-53-(62) -- 167

Ryan Mayfield, Sr.; Zuzana Iler, So.; Wendi Plott, Jr.; Lovette Mioni, Fr.; Adela Flores, Sr.; Beth Miller, Jr.

7. Sonoma State 22-28-42-47-55 -- 194

Marcie Silva, Sr.; Jessica Dawney, Fr.; Renee Chaffin, Fr.; Sandra Wells, Jr.; Amy Wells, Fr.

8. Cal State L.A. 33-37-41-45-46-(50)-(57) -- 202

Maija Rohde, So.; Elizabeth Gonzalez, Jr.; Caria Castro, Fr.; Elizabeth Lugo, Jr.; Valorie Rojas, Fr.; Juanita Hernandez, Fr.; Flora Lugo, Jr.

9. San Francisco State 34-44-48-56-59-(61)-(64) -- 241

Christine Perez, Jr.; Tehani Thompson, So.; Karen Hansen, Jr.; Marisol Miranda, So.; Brittany McBride, So.; Myriam Bayer, Sr.; Melissa Simmons, Sr.

10. Cal State Dominguez Hills 18-54-60-63-65 -- 260

Jenny Buncio, Sr.; Isabel Espinoza, Sr.; Peace Udechukwu, Sr.; Anna Hernandez, Fr.; Trameeka Lark, Fr.

2004 NCAA WEST REGIONALS

At Bellingham, WA, 6,000 Meters

Team Results: 1. Chico State 49, 2. UC San Diego 96; 3. Alaska Anchorage 168; 4. Seattle Pacific 172; 5. Central Washington 178; 6. **Cal Poly Pomona 179.**

All-West Region Top 15

1. Chelsea Smith	BYU Hawaii	21:43
2. Karen Dickson	Seattle Pacific	22:07
3. Laura Trevelyan	Western Washington	23:04
4. Tanya Zeferjahn	CS San Bernardino	23:08
5. Kelly Fullerton	Seattle University	23:11
6. Jennifer James	Chico State	23:23
7. Sarah Montez	Chico State	23:29
8. Ciara Harvey	Chico State	23:30
9. Mandy Kaempff	Alaska Anchorage	23:31
10. Ryan Mayfield	CS Bakersfield	23:39
11. Michelle DiMeo	UC San Diego	23:42
12. Lindsay Stalker	UC San Diego	23:43
13. Mary Biggs	Chico State	23:47
14. Karin Rohde	Seattle Pacific	23:49
15. Laura Cohen	Chico State	23:50

Program History

CROSS COUNTRY ALL-AMERICANS

1972: William Ryan	1989: Jaime Ortega
1980: Matt Blaty	1990: Stephane Franke
1980: Tony Reyes	1990: Jeffrey Gilkey
1983: Matt Blaty	1990: Jaime Ortega
1983: Gary Borbon	1990: Kellie Taylor
1983: Tony Reyes	1992: Jaime Ortega
1984: Steve Perez	1994: Cliff Curtis
1985: Steve Perez	1994: Rondie Gibbs
1985: Eddie Toro	1995: Cliff Curtis
1985: Joann Howard	1996: Cliff Curtis
1986: David Loud	1996: Mike Moreno
1986: Eddie Toro	1997: Jose Rangel
1988: Stephane Franke	1997: Rondie Gibbs
1988: Eddie Toro	2003: Mark Batres
1989: Stephane Franke	2004: Daniel Rojas
	2004: Mark Batres

CROSS COUNTRY TOP 15 PERFORMANCES

MEN 10,000 Meters

Stephane Franke	29:25.6	NCAA Nationals (McKinleyville), 1990
Tony Reyes	30:08.0	NCAA Regional (Riverside), 1982
Matt Blaty	30:16.0	NCAA Regional (Riverside), 1982
Gary Borbon	30:33.0	NCAA Regional (Riverside), 1982
Steve Perez	30:45.2	NCAA Nationals (Clinton, Miss.), 1984
Jeffery Gilkey	30:58.5	NCAA Nationals (McKinleyville), 1990
Jaime Ortega	31:01.7	NCAA Nationals (McKinleyville), 1990
Eddie Toro	31:08.1	Aztec Invitational (San Diego), 1988
Rondie Gibbs	31:18.1	NCAA Regionals (Pomona), 1997
Jose Rangel	31:24.1	NCAA Regionals (Pomona), 1997
Jeff Gann	31:26.1	NCAA Nationals (McKinleyville), 1990
Brad Clary	31:29.0	Aztec Invitational (San Diego), 1985
Cliff Curtis	31:30.0	NCAA Regionals (McKinleyville), 1995
Mike Parker	31:36.0	Aztec Invitational (San Diego), 1985
Ian Enriquez	31:38.8	NCAA Regionals (Pomona), 1997

WOMEN 6,000 Meters

Christina Jimenez	22:28.9	CCAA Championships (Chico State), 2003
Shawna Winfrey	22:30.9	CCAA Championships (Bakersfield), 2002
Jayme Ambos	22:40.4	CCAA Championships (Chico State), 2003
Jamie Ray	22:57.0	CCAA Championships (Bakersfield), 2002
Natalie Miano	23:12.7	CCAA Championships (Bakersfield), 2002
Katie Price	23:13.8	CCAA Championships (Bakersfield), 2002
Monica Valdez	23:17.0	NCAA Regionals (Bellingham, WA), 2001
Natalie Miano-Batres	23:37.0	Southern Indiana Invitational, 2004
Gabriela Hernandez	23:59.0	NCAA Regionals (Bellingham, WA), 1998
Shawna Winfrey	24:08.0	NCAA Regionals (Bellingham, WA), 2001
Karina Vega	24:10.0	Southern Indiana Invitational, 2004
Linda Quintana	24:13.0	CCAA Championships (Davis), 2000
Marisa Ghiglieri	24:24.0	NCAA Regionals (Bellingham, WA), 1998

5,000 Meters

Joann Howard	17:06.4	UCR Invitational (Riverside), 1986
Sheri Roach	17:13.0	Aggie Invitational (Davis), 1986
Terri Sweetman	17:44.1	NCAA Regionals (Riverside), 1984
Kellie Taylor	17:50.0	NCAA Regionals (Riverside), 1990
Karen Farley	17:55.0	Aggie Invitational (Davis), 1986
Patricia Molina	17:58.0	Aggie Invitational (Davis), 1986
Mitzy Garcia	18:02.0	Aggie Invitational (Davis), 1985
Kristin Harkins	18:04.0	CCAA Championships (Riverside), 1991
Helen Lopez	18:07.0	Aggie Invitational (Davis), 1985
Gracey Leigh	18:21.0	Aggie Invitational (Davis), 1986

Team Photo & Roster



<u>NAME</u>	<u>HT</u>	<u>YR</u>	<u>HOMETOWN / PREVIOUS SCHOOL</u>
Humberto Arredondo	5-6	Jr.	Azusa (Azusa HS)
Peter Barriga	5-10	Sr.	Huntington Beach (Edison HS)
Mark Batres	5-9	Sr.	Rowland Heights (Don Bosco Tech HS)
Miguel Cabanas	5-7	Jr.	Azusa (Citrus College)
Sean DiFilippo	5-10	So.	Glendora (Glendora HS)
Emesh Fernando	6-0	Jr.	Anaheim (Savanna HS)
Rodrigo Gomez	5-7	Jr.	El Monte (Mt. San Antonio College)
Javier Hoil	5-7	Jr.	Pasadena (Mt. San Antonio College)
Christopher Miano	5-10	Sr.	Rowland Heights (Mt. San Antonio College)
Isaac Perez	5-9	Jr.	Anaheim (Santa Ana College)
Bernardo Santillan	5-8	Jr.	Pico Rivera (El Rancho HS)
James Tawney	5-10	Sr.	Barstow (Barstow HS)
Kevin Urak	6-0	Fr.	Moreno Valley (St. John Bosco HS)
Eddie Venegas	5-8	Jr.	Rowland Heights (Rowland HS)
Alex Wood	6-0	Fr.	Lakewood (St. John Bosco HS)

Head Coach: Jim Sackett, 26th year (Mankato State, '61)

Assistant Coach: Gary Borbon, 21st year (Cal Poly Pomona, '84)

Volunteer Assistant Coach: David Loud, 14th year (Cal Poly Pomona '88)

Volunteer Assistant Coach: Tony Reyes, 2nd year (Cal Poly Pomona '88)

Affiliation: NCAA Division II

Conference: California Collegiate Athletic Association

2005 Profiles



Humberto Arrendondo

Junior | Azusa (Asuza HS)

After a solid season for the Broncos last year, Arrendondo returns for his third season with the program. Is much improved after coming back from injury and is well ahead of where he was last season. Will add to the team's depth.

At Cal Poly Pomona: Competed in four meets for the Broncos in 2004, including the CCAA Championships. Finished 35th with a time of 25:10 in that meet over 7,200 meters. Also ran in the Cal State Fullerton Opener, the Aztec Invitational and the Southern Indiana Invitational. Was injured and did not compete in 2003. Made an immediate impact as a freshman in 2002 and was regularly part of the team's top seven. Finished 29th in the Irvine Invitational with an 8,000-meter time of 26:49.8. Was 37th in the CCAA Championships and wound up 86th in the NCAA Division II West Regional. Also competes for Cal Poly Pomona's track and field team.

At Azusa HS: Was his team's MVP in 1999 and 2000 and the Mount View League MVP in 2000. Earned All-League honors three times. Was also Azusa's Sportsman of the Year in 2000-01 and 2001-02. Reached the CIF Finals three times. Was a three-time Iron Man from 1999-02 and a national scholar-athlete in 2001-02. Also won the Army Reserves Student-Athlete award. Also competed in track and field and soccer.

Personal: Son of Jose and Margarita Arrendondo. Majoring in civil engineering. Enjoys drawing, biking, listening to music and playing any sport. Lists winning a championship as his most exciting experience in sports.



Peter Barriga

Senior | Huntington Beach (Edison HS)

After missing all of the 2005 track season, Barriga returns for his final year of cross country at Cal Poly Pomona. Is expected to be among the top seven and could be pushing for a spot in the top five.

At Cal Poly Pomona: Came on late in the season for the Broncos in 2004. Competed in four meets, including the final three of the year. Worked his way into the top seven. Finished 21st in the CCAA Championships with a time of 24:07.9 over 7,200 meters. Wound up 69th in the NCAA West Regional with a time of 35:38.0 over 10,000 meters and was 145th in the NCAA Championships with a time of 35:45.0. Had a productive season for the Broncos in 2003 and competed in five meets. Finished 32nd in the CCAA Championships with a time of 28:08.4 over 8,000 meters. Also placed 17th in the Bronco Invitational with a time of 34:10.3 over 10,000 meters. Ran in two meets for the Broncos in 2002. Finished 79th in the Irvine Invitational with a time of 28:27.4 over 8,000 meters and was 238th in the Riverside Invitational with a time of 30:09.8. Competed in just one race in 2001, finishing 71st in the Jammin' Invitational with a time of 28:54.9. Did not run the remainder of the season because of patella tendonitis and was granted a medical redshirt. Has also competed for the Bronco track and field squad and is a top middle distance runner. Has best times of 1:54.93 in the 800 and 3:58.81 in the 1500.

At Edison HS: Earned All-Orange County honors and had best times of 50.09 in the 400 meters and 1:58.02 in the 800. Recorded a best time of 16:28 in three-mile cross country race. Was named the Most Improved Runner on his team. Also competed in water polo and football.

Personal: Son of Pedro and Aurora Barriga. Majoring in marketing. Enjoys hunting for rare bottle caps, chasing cars in his Razor and shaping meat loaf. Lists competing in the 2004 national championships in cross country as his most exciting experience in sports.

2005 Profiles



Mark Batres

Senior | Rowland Heights (Don Bosco Tech HS)

After another All-American season in 2004, Batres returns for his final year in the program. Will be the team's No. 1 runner and will be looking to defend his West Region title. Will be aiming for his third All-American award in cross country and could be one of the top 10 runners in the country.

At Cal Poly Pomona: Had a third tremendous season for the Broncos and added to his championship resume. Won the NCAA Division II West Region individual title with a time of 32:09.0 over 10,000 meters. Also placed second in three meets, including the CCAA Championships and earned all-conference honors for the third straight year. Finished 35th in the NCAA Championships with a time of 33:19.8 and earned All-America honors for the second straight season. Finished third in the CCAA Championships in 2003 with a time of 24:34.6 over 8,000 meters and was fourth in the NCAA West Regional with a time of 32:07.1 over 10,000 meters. Finished the season by placing 24th in the NCAA Championships (11-22-03) and earned All-America honors for the first time. Won the Bronco Invitational for the second straight year with a time of 31:56.5 over 10,000 meters. Enjoyed one of the best freshman seasons in the program's history in 2002. Captured the CCAA individual championship with a time of 24:52.3 over 8,000 meters. Named the conference Freshman of the Year and Runner of the Year. Went on to finish third in the NCAA Division II West Regional with a time of 32:26.0 over 10,000 meters and qualified for the nationals. Finished 54th in the nation with a time of 32:55. Also competes for the Cal Poly Pomona track and field team and earned All-America honors in the 10,000 meters in 2004 by finishing fifth in the nation. Best time of 29:49.77 is No. 3 on the Cal Poly Pomona all-time list.

At Don Bosco Tech: Was a three-year Most Valuable Runner in the Camino Real League and placed seventh in the state meet in 2001. Was a member of a state championship team in 1999. Had a best time of 15:08 at Mt. San Antonio College. Also competed in track and field at Bosco Tech and had a best time of 9:07 in the two-mile.

Personal: Son of Mark Batres and Alejandrina Ornelas. Majoring in business. Enjoys cooking with his wife, Natalie Miano-Batres, alligator wrestling and hand-stand walking. Lists winning the state Division 3 team championship in 1999 as his most exciting experience in sports.



Miguel Cabanas

Junior | Azusa (Citrus College)

A talented newcomer, Cabanas joins the Cal Poly Pomona program. Should make a big impact on the squad. Has adopted well to longer mileage training and is expecting to be battling for a spot in the top five.

At Citrus College: Was the Most Valuable Runner on the cross country and track and field teams.

At Azusa HS: Was the MVP of the cross country team, the most improved athlete on the track and field team and earned the impact award on the cross country team.

Personal: Son of Jorge Cabanas. Majoring in computer engineering. Enjoys listening to music.



Sean DiFilippo

Sophomore | Glendora (Glendora HS)

After running for the Broncos last year, DiFilippo returns for his second season of competition for the program. Finally healthy after battling stress fractures for two years, should be in the mix for the team's top seven. Is well ahead of where he was last year.

At Cal Poly Pomona: Competed in three meets for the Broncos in 2004. Had his best time in the season opener at Cal State Fullerton and finished 67th in 27:21.2 over 8,000 meters. Also finished 24th in the Aztec Invitational (28:49.0) and was 147th in the Southern Indiana Invitational (30:04.0). Did not compete in any meets and was a redshirt in 2003. Also competes for the Cal Poly Pomona track and field team. Had best times of 15:38.62 in the 5,000 and 33:02.87 in the 10,000.

At Glendora HS: Was the Most Valuable Player on his cross country team in 2002 and track and field team in 2003. Was also Glendora's Athlete of the Year in 2003. Was also the captain of his cross country team in 2002 and track and field team in 2003. Had a best time of 15:17 in cross country over a three-mile course. Had top times of 2:00 in the 800, 4:23 in the mile and 9:19 in the two mile.

Personal: Son of Mike and Marilyn DiFilippo. Majoring in civil engineering. Enjoys watching television, listening to the radio, water skiing and flying.

2005 Profiles



Emesh Fernando

Junior | Anaheim (Mt. San Antonio College)

A late addition to Cal Poly Pomona, Fernando joins the program. Is expected to add to the team's quality depth.

At Mt. San Antonio College: Was a letterwinner for the Mounties.

At Savanna HS: Competed for four years on the cross country and track and field teams, earned the Coach's Award in track twice and was named to the cross country Hall of Fame in 2002. Also competed in basketball.

Personal: Son of Julian and Shirani Fernando. Majoring in behavioral science. Enjoys art, music, theater and poetry. Lists running in the L.A. Marathon and competing in the 2001 W.S.A.E. Games where he took the bronze medal for Sri-Lanka in the 3,000 meters as his most exciting experiences in sports.



Rodrigo Gomez

Junior | El Monte (Mt. San Antonio College)

A late addition to the team, Gomez joins the Cal Poly Pomona program. Will be battling for a spot in the top seven and should be a contributor this season.

At Mt. San Antonio College: Was the Most Improved on the 2005 track and field team.

At South El Monte HS: Was the cross country Most Valuable Runner. Competed in cross country and track and field.

Personal: Son of Ignacio and Maria delourdez Gomez. Majoring in kinesiology. Enjoys helping kids by coaching them in cross country at his high school. Lists making it to the state meet in track and field as his most exciting experience in sports.



Javier Hoil

Junior | Pasadena (Mt. San Antonio College)

A middle distance runner, Hoil joins the Cal Poly Pomona program. Is a good addition who will help the team's depth.

At Mt. San Antonio College: Ran cross country and track.

At Blair HS: Competed on the football and track and field teams.

Personal: Son of Maria Sintuo. Majoring in history. Lists winning as his most exciting experience in sports.

2005 Profiles



Christopher Miano

Senior | Rowland Heights (Mt. San Antonio College)

After an impressive debut last year for the Broncos, Miano returns for his second season with the program. Is well ahead of where he was last year and is in good shape coming into the season. Should be challenging for a spot in the top five.

At Cal Poly Pomona: Made a strong showing for the Broncos in 2004. Was regularly one of the team's top five runners. Finished 25th in the CCAA Championships with a time of 24:29.5 over 7,200 meters. Placed 29th in the NCAA Division II West Regional with a time of 34:29.0 over 10,000 meters and was 166th in the NCAA Championships with a time of 36:27.7. Also competes for the Broncos track and field team in the middle distances.

At Mt. San Antonio College: Was the team Most Valuable Player for the Mounties. Earned All-SCC Second-Team honors. Has best times of 4:10 in the 1,500 meters and 15:29 in the 5,000.

At Barstow HS: Earned multiple honors in basketball. Earned All-CIF first-team honors in 1998 and was the Player of the Game in the CIF Division III championship game. Team finished as the CIF runners-up in the Pond.

Personal: Son of George and Sue Miano. Majoring in hotel and restaurant management. Sister Natalie Miano-Batres runs for the Cal Poly Pomona women's team. Enjoys all sports, traveling and living like a "wise guy." Lists going to the Pond for the CIF championship basketball game with Barstow High School as his most exciting experience in sports.



Isaac Perez

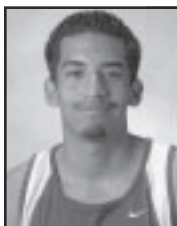
Junior | Anaheim (Santa Ana College)

One of the team's top newcomers, Perez joins the Cal Poly Pomona program. Ran for former Bronco Mike Moreno in high school and could run as high as No. 2 on the team this season.

At Santa Ana College: Was the conference Most Valuable Runner.

At Katella HS: Competed in cross country and track and field.

Personal: Son of Maria Lozano. Majoring in history. Enjoys running and listening to music. Lists competing at state championships as his most exciting experience in sports.



Bernardo Santillan

Junior | Pico Rivera (El Rancho HS)

One of the veterans of the program, Santillan returns for a third season of competition for Cal Poly Pomona. Coming back from injury, is working hard to get back into racing shape. Should add to the team's depth.

At Cal Poly Pomona: Competed in two races for the Broncos in 2004. Finished 118th in the Southern Indiana Invitational with a season's best time of 28:33.0. Also finished 25th in the Aztec Invitational with a time of 28:53.0. Did not compete in 2003 and was a redshirt. Was a contributing member of the Bronco cross country team in 2002 in his first year with the program. Finished 40th in the CCAA Championships with a time of 28:17.3 over 8,000 meters. Finished in a tie for ninth in the Bronco Invitational with a time of 34:56.3 over 10,000 meters. Competed in three other meets for the Broncos. Also competes for the Cal Poly Pomona track and field team and had best times of 4:15.15 in the 1,500 meters, 16:10.30 in the 5,000 meters and 33:52.00 in the 10,000 meters.

At El Rancho HS: Competed in cross country and track and field in high school and earned first-team and second-team All-League honors in cross country. Team swept league finals as a senior.

Personal: Son of Bernardo and Ana Maria Santillan. Majoring in mechanical engineering. Enjoys chess, poker, eating and his space. Lists running in the 2002 Del Rio League finals as his most exciting experience in sports.

2005 Profiles



James Tawney

Senior | Barstow (Barstow HS)

One of the leaders of the program, Tawney returns for his fourth season with the Broncos. Is the team captain and an excellent leader. Worked hard over the summer and is ahead of last year's pace. Should contend for All-CCAA honors once again.

At Cal Poly Pomona: Was once again one of the program's top runners in 2004. Earned All-CCAA honors for a second straight year by finishing 15th in the conference championships with a time of 23:42.2 over 7,200 meters. Was the team's No. 3 runner. Also finished 18th in the NCAA Division II West Regionals with a time of 33:52.0 over 10,000 meters and wound up 77th in the NCAA Championships with a time of 34:22.8. Had a strong year for the Broncos as a sophomore in 2003. Earned All-CCAA honors by finishing 15th in the CCAA Championships with a time of 25:35.5 over 8,000 meters. Also placed 27th in the NCAA West Regional with a time of 34:41.3 over 10,000 meters and was 95th in the NCAA Championships with a time of 35:02.7 over 10,000 meters. Was one of the team's top runners in 2002 as a freshman. Consistently ran among the Broncos' top three. Finished 19th in the CCAA Championships with a time of 26:04.4 over 8,000 meters. Placed 32nd in the NCAA Division II West Regional, which was the second-best finish on the team, with a time of 34:22.0 over 10,000 meters. Also competes for the Cal Poly Pomona track and field team and has best times of 15:25.64 in the 5,000 and 32:02.00 in the 10,000.

At Barstow HS: Earned All-State honors and helped his team win the state championship in 2001. Earned All-CIF honors twice and All-Desert Sky League honors three times. Competed in cross country and track and field.

Personal: Son of Jim Tawney and Tami Adams. Majoring in kinesiology. Enjoys working out, running and coaching. Lists winning the state championship in his senior year of high school as his most exciting experience in sports.



Kevin Urak

Freshman | Moreno Valley (St. John Bosco HS)

Primarily a middle distance runner, Urak joins the Cal Poly Pomona program. Is a good addition to the team and should be battling for a spot in the top seven.

At St. John Bosco HS: Competed on a state and CIF champion cross country team.

Personal: Son of Kathleen Urak. Majoring in biology.



Eddie Venegas

Junior | Rowland Heights (Rowland HS)

An experienced runner, Venegas joins the Cal Poly Pomona program. Has overcome an injury during the summer and should be in good racing shape. Should battle for a spot in the top five and be a major contributor.

At Mt. San Antonio College: Competed for two years.

At Rowland HS: Competed in the Sierra League.

Personal: Son of Joe and Terry Gallarzo. Majoring in psychology.



Alex Wood

Freshman | Lakewood (St. John Bosco HS)

A newcomer with a great desire to make the team, Wood joins the Cal Poly Pomona program. Hard work paid off. Should add depth to the team.

At St. John Bosco HS: Earned the 110 percent award, the Coach's Award and made the Honor Roll all four years. Also competed in tennis, soccer and water polo.

Personal: Majoring in computer science. Enjoys hanging out with friends, running, piano and computer games.

2004 Season Results

2004 CCAA CHAMPIONSHIP RESULTS Men, 7,200 Meters, At Cal Poly Pomona

All-CCAA Top 15

1. Daniel Rojas	Cal Poly Pomona	22:19.8
2. Mark Batres	Cal Poly Pomona	22:23.7
3. Patrick Boivin	Chico State	22:36.6
4. Antonio Miramontes	Chico State	22:42.8
5. Scott Bauhs	Chico State	22:42.9
6. Beau Bettinger	Chico State	22:44.4
7. Kyle Ivie	Chico State	22:45.4
8. Steven Springhorn	Chico State	22:46.5
9. Charlie Serrano	Chico State	22:52.5
10. Joel Martinez	Chico State	22:58.9
11. Robert Eap	UC San Diego	22:59.9
12. Carl Lostrom	UC San Diego	23:19.9
13. Chris Layman	Chico State	23:25.9
14. Ernesto Hernandez	Chico State	23:38.4
15. James Tawney	Cal Poly Pomona	23:42.2

Team Results

1. Chico State 3-4-5-6-7-(8)-(9) – 25
Patrick Boivin, Jr.; Antonio Miramontes, So.; Scott Bauhs, Fr.; Beau Bettinger, So.; Kyle Ivie, Fr.; Steven Springhorn, Sr.; Charlie Serrano, So.

2. Cal Poly Pomona 1-2-12-17-18-(21)-(22) -- 50

Daniel Rojas, Sr.; Mark Batres, Jr.; James Tawney, Jr.; Brad Theobald, Sr.; Peter Barriga, Jr.; David Cerecerez, Sr.; Christopher Miano, Jr.

3. UC San Diego 10-11-13-14-15-(16)-(25) – 63
Robert Eap, Sr.; Carl Lostrom, Jr.; Mitchell Steves, Fr.; Chris Beetley-Hagler, Jr.; Abdullah Jamali, Fr.; Luke Sigmon, Jr.; Daniel Holligan, So.

4. Cal State Stanislaus 20-23-24-26-29-(34) -- 122
Humberto Vargas, Sr.; Nicholas Fill, Sr.; Mark Rivera, So.; Ernesto Madrigal, Fr.; Martin Ramos, Fr.; Justin Freyermuth, Jr.

5. San Francisco State 19-27-28-30-31-32-33
Chikara Omine, Sr.; Batbileg Bor, Fr.; Paul Broyer, So.; Sandino Moya-Smith, Mikhail Osipov, So.; Efeson Alemayehu, So.; Andrew Chain, Jr.

2004 NCAA WEST REGIONALS At Bellingham, WA, 10,000 Meters

Team Results: 1. Chico State 30, **2. Cal Poly Pomona 73**, 3. Seattle Pacific 143, 4. UC San Diego 154, 5. Alaska Anchorage 180, 6. Western Washington 197, Western Oregon 197, 8. Humboldt State 200, 9. Central Washington 229, 10. Northwest Nazarene 231, 11. BYU-Hawaii 240, 12. Cal State Stanislaus 316; 13. Saint Martin's College 353; 14. Seattle University 363; 15. Hawaii-Hilo 377; 16. San Francisco State 401; 17. Montana State Billings 538.

All-West Region Top 15

1. Mark Batres	Cal Poly Pomona	32:09
2. Daniel Rojas	Cal Poly Pomona	32:11
3. Steven Springhorn	Chico State	32:23
4. Scott Bauhs	Chico State	32:42
5. Jasper Peach	Humboldt State	32:47
6. Patrick Boivin	Chico State	32:55
7. Brian Kostock	Humboldt State	33:07
8. Chris Layman	Chico State	33:24
9. Kyle Ivie	Chico State	33:26
10. Antonio Miramontes	Chico State	33:30
11. Charlie Serrano	Chico State	33:31
12. Arturo Garcia	Cal State Stanislaus	33:32
13. Sam Scotchmer	Central Washington	33:36
14. Robert Eap	UC San Diego	33:37
15. Andy Prentice	Saint Martin's	33:44

NCAA Division II Championships At Southern Indiana University, 10,000 Meters

Team Results: 1. Western State 39; 2. Adams State 76; 3. Abilene Christian 137; 4. Chico State 144; 5. Harding 196; 6. Grand Valley State 213; 7. Edinboro 231; 8. Hillsdale College 246; 9. Lock Haven 256; 10. Kennesaw 271; 11. Colorado-Colorado Springs 279; 12. Minnesota State Mankato; 13. Massachusetts-Lowell 331; **14. Cal Poly Pomona 344.**

Individual Results: 1. Nicodemus Naimadu (Abilene Christian) 31:38.1; 2. Oliver Bodor (Western State) 31:38.2; 3. Kelly Christensen (Western State) 31:52.0. **Others: 18. Daniel Rojas (Cal Poly Pomona) 32:50.9; 35. Mark Batres (Cal Poly Pomona) 33:19.8.**

About the Athletic Department

Intercollegiate Athletics

Combining excellence in athletics and academics, Cal Poly Pomona stands as one of the top programs in the nation. Competing at the NCAA Division II level, the Broncos sponsor 12 intercollegiate sports including baseball, men's and women's basketball, men's and women's cross country, men's and women's soccer, men's and women's tennis, men's and women's track and field and women's volleyball.

With the Bronco women's basketball team winning the 2001 and 2002 NCAA Division II National Championships, Cal Poly Pomona has captured 13 national team championships. Women's basketball (1982, 1985, 1986, 2001, 2002) has won five national titles, women's tennis (1980, 1981, 1991 and 1992) has won four national titles, baseball (1976, 1980 and 1983) has won three national titles and men's cross country (1983) has won one.

Cal Poly Pomona has also had 25 individual national champions in the sports of men's and women's tennis and men's and women's track & field. For all sports, the Broncos have had 17 student-athletes receive national awards, including "Player of the Year", "Rookie of the Year", "Senior of the Year" and the "Arthur Ashe Sportsmanship Award." Candice Allen of women's basketball is the most recent national Player of the Year, winning the honor in 2005. Cal Poly Pomona student-athletes have won 366 All-America awards.

The Cal Poly Pomona coaching staff has been well-respected among its peers with 11 "National Coach of the Year" honors. The dean of the head coaching staff is Jim Sackett, who is a three-time "National Coach of the Year" (cross country, track & field) award winner. He was also the 2003 CCAA Men's Cross Country Coach of the Year and he was instrumental in Cal Poly Pomona hosting the 2004 NCAA Division II Outdoor Track and Field Championships and the 2003 NCAA Division II Cross Country West Regionals. Head women's basketball coach Paul Thomas was named the NCAA Division II Coach of the Year in 2002.

Cal Poly Pomona is a full-time member of the California Collegiate Athletic Association. In its 66th year, the CCAA is the most established and successful NCAA Division II conference in the nation. The CCAA leads the nation in national championship team titles in Division II with 145.

In the CCAA, the Broncos have won 51 conference titles and numerous coach and player of the year awards. Greg Kamansky was the 2004-05 CCAA Men's Basketball Coach of the Year, while David Sybesma of men's basketball and Dehliia Feliz of women's tennis earned CCAA Player of the Year awards and Taylor Wilding was the conference's Pitcher of the Year in 2004-05. Sackett was the 2003 CCAA Men's Cross Country Coach of the Year, while Sandy Kriezel was the 2002 CCAA Coach of the Year in women's tennis. Bronco student-athletes have been honored with four conference "Male Athlete of the Year" awards, while the women have won six "Female Athlete of the Year" honors, including three consecutive seasons (1998-2000). Most recently, Rocio Real of women's soccer was the 2004-05 Female Scholar-Athlete of the Year.

Cal Poly Pomona student-athletes are not only successful in competition, but they also take pride in their accomplishments in the classroom. During the 2004-05 academic year, 14 Bronco student-athletes made the President's List by earning a GPA of 3.50 or higher in each quarter. Overall, the student-athletes maintain a higher GPA and graduation rate than the general student body. The Department of Athletics also honored 34 student-athletes as "Academic All-Stars" for maintaining a 3.2 GPA or higher during the academic year.

2004-05 Year In Review

The 2004-05 athletic year at Cal Poly Pomona was one of the most successful in the school's history. The Broncos earned numerous individual honors, had several teams reach the postseason and also enjoyed great success in the classroom as well.

The Broncos had nine teams participate in postseason competition, including the men's basketball team that captured its second NCAA Division II West Region championship in the past three years. The Bronco women's basketball team reached the playoffs for the 20th time, which is second among all Division II programs. The men's and women's teams made the playoffs in the same year for the second consecutive season, which is a first for Cal Poly Pomona.

In addition, the women's volleyball team returned to the NCAA playoffs for the first time since 1997, the baseball team won the California Collegiate Athletic Association South Division and advanced to the CCAA Championship Tournament for the first time since 2001 and the women's soccer team reached the CCAA Championship Tournament for an unprecedented seventh straight year.

The Bronco men's cross country team finished second in the West Region and 14th in the country, which marked its second consecutive national top-15 finish. Cal Poly Pomona's women's tennis team qualified for the NCAA playoffs for the fourth straight year.

Cal Poly Pomona earned six All-America awards, including one by Candice Allen, who was named the NCAA Division II Player of the Year. Daniel Rojas earned All-America honors in both cross country and track and field, Mark Batres earned All-America honors in cross country for a second straight season, Jeff Bonds became only the fifth men's basketball player in the program's history to earn All-America recognition and Taylor Wilding became the first baseball player to earn All-America honors since 1994.

The Broncos also collected 43 All-CCAA awards, which is the highest total for Cal Poly Pomona since the conference expanded in 1998. Two student-athletes, David Sybesma of men's basketball and Dehliia Feliz of women's tennis were named CCAA Most Valuable Players in their sports. Jacqueline Ragudos was named the CCAA Freshman of the Year in women's soccer.

Rocio Real of women's soccer picked up a big award, taking home the CCAA Female Scholar-Athlete of the Year honor. She is only the second Cal Poly Pomona athlete to win the award and first since 1991.

Coach Greg Kamansky of men's basketball was honored as the CCAA Coach of the Year after guiding the Broncos to a share of their first conference men's basketball title since 1981.

MEN'S CHAMPIONSHIPS

BASEBALL

NCAA: 1976, 1980, 1983
CCAA: 1976, 1979, 1980, 1983, 1985, 1988, 1991

BASKETBALL

CCAA: 1981, 2005

CROSS COUNTRY

NCAA: 1983
CCAA: 1983, 1985, 1994, 1996, 1997

TRACK & FIELD

CCAA: 1972, 1997

WOMEN'S CHAMPIONSHIPS

BASKETBALL

NCAA: 1982, 1985, 1986, 2001, 2002
CCAA: 1982, 1983, 1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1997, 1998, 2000, 2001, 2002

SOCCER

CCAA: 1991, 1999

TENNIS

NCAA: 1980, 1981, 1991, 1992
CCAA: 1983, 1985, 1987, 1990, 1991, 1992, 1993, 1994, 1997, 1998, 2003

TRACK & FIELD

CCAA: 1997, 1998

VOLLEYBALL

CCAA: 1981, 1990

Cal Poly Pomona University



HISTORY: In 1938, Cal Poly opened as the Southern California campus of Cal Poly San Luis Obispo. In 1949, millionaire cereal magnate W.K. Kellogg deeded the Kellogg Ranch to the State of California for use in the expansion of the educational program of Cal Poly. In 1956, Cal Poly moved its Southern California operation from the Voorhis campus in San Dimas to the new Kellogg campus on the outskirts of Pomona. In 1966, the university became the 16th State College of the California State University system. Cal Poly Pomona was accorded full university status in the spring of 1972.

PRESENT: Nestled among 1,438 acres of rolling green hills, California State Polytechnic University, Pomona is the second largest campus in the California State University system. At the hub of Southern California activities, the university is just an hour's drive from ski areas to the north, deserts to the east, beaches to the south and downtown Los Angeles to the west.

ENROLLMENT: 19,960

ACADEMIC ORGANIZATION: It is home to more than 19,000 students in seven colleges and one school: Agriculture; Business Administration; Engineering; Environmental Design; Letters, Arts & Social Sciences; Science, Education & Integrative Studies, and the Collins School of Hospitality Management. Cal Poly Pomona has the feel of a small college, with less than 50 students per classroom and a student-faculty ratio of 20:1. As one of only six polytechnic universities nationwide, Cal Poly Pomona's hallmark is its "learn-by-doing" philosophy, directly stemming from its polytechnic mission. By blending theory and practice of all disciplines, the university recognizes that the students solving classroom problems today will be the employees solving the real-world problems tomorrow. IN the newly-released 2006 edition of America's Best Colleges by U.S. World and News Report, Cal Poly Pomona moved up one notch to a tie for fourth on the list of Top Public Universities-Masters in the Western United States, which features public universities offering a full range of undergraduate and master's programs. Among both public and private universities, it moved up four spaces to 31st in Best Universities-Masters (by region), placing in the top tier of Western universities with undergraduate and masters programs.

HOUSING: There are eight state-funded residence halls on campus, housing nearly 1,850 men and women. Five of the halls are coed, while three house only men. The six Residence Halls are conveniently located on campus and are within easy walking distance to the academic buildings, library, computer labs, dining areas, student union and parking lots. The Residential Suites earned a Merit Award in Residential Architecture Magazines' Sixth Annual Design Awards and are located next to Kellogg Gym. The Suites are a \$26.5 million project consisting of 111 units in two buildings. An additional 1,250 students stay in apartments at the University Village complex. The Village provides a convenient and practical environment for students.

SPECIAL FEATURES: Only 11 float entries in the Pasadena's famed Tournament of Roses Parade have a longer record of participation than that of Cal Poly Universities (Pomona and San Luis Obispo). January 1, 2005 marked the 57th year of joint participation by students from the two campuses, 220 miles apart. It is also the only parade entry each year that is totally a student volunteer effort. Cal Poly floats have won many major awards and become internationally known for universal humor, complicated animation, a high degree of ingenuity and clever construction. Another feature unique to the Cal Poly Pomona campus is the Arabian Horse Center. The horse center is the site for monthly horse shows, originated by W.K. Kellogg, and now in the 80th year of presentation. Shows are open to the public on the first Sunday afternoon of each month, beginning in October and ending in June.