

**2009 CAL POLY POMONA  
MEN'S TRACK & FIELD BEST LIST  
FINAL**

					"A" 10.45	"B" 10.65
<b>100 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>		
Jonathan Williams	Jr	10.43	5/21	NCAA	x	
Michael Hernandez	Jr	11.13	5/21	NCAA		
Jake Deavers	Fr	11.35	5/1	CCAA		
Connor Duckworth	Jr	11.81	2/21	UCSD		
Neil Macrorie	So	11.87	5/1	CCAA		
Quan Tran	Sr	11.93	2/21	UCSD		
Anthony Drake	Jr.	12.00	3/7	Ben Brown		
<b>200 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>21.08</b>	<b>21.48</b>
Jonathan Williams	Jr	21.44	5/2	CCAA		x
Carter Griffin	So	21.82	5/2	CCAA		
Brendon Thaler	Jr	22.10	5/2	CCAA		
Jake Deavers	Fr	22.96	4/17	APU		
Jesus Santoyo	Fr	23:38	2/21	UCSD		
Connor Duckworth	Jr	23.95	4/4	PP		
Quan Tran	Sr	24.35	2/21	UCSD		
Jorge Garcia	So	27.46	2/21	UCSD		
<b>400 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>46.80</b>	<b>48.00</b>
Carter Griffin	So	47.64	5/09	Oxy		x
Brendon Thaler	Jr	48.87	3/28	Cal-Nev		
Joaquin Ortiz	Sr	49.73	3/21	UCI		
Brian Roser	Sr	50.05	3/21	UCI		
Jesus Santoyo	Fr	50.79	5/1	CCAA		
Jorge Garcia	So	51.27	4/17	APU		
Alberto Diaz	So	51.36	4/4	PP		
Neil Macrorie	So	51.76	3/19	CSUN		
Michael Hernandez	Jr	51.96	4/30	CCAA		
Connor Duckworth	Jr	60.26	3/21	UCI		
<b>800 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>1:50.00</b>	<b>1:53.00</b>
Joaquin Ortiz	Sr	1:53.06	5/09	Oxy		
Alberto Diaz	So	1:53.10	5/09	Oxy		
Jesus Santoyo	Fr	1:59.90	3/23	Cal-Nev		
Victor Cuccia	So	2:00.02	3/21	UCI		
Terrance Kirby	Jr	2:06.74	4/17	APU		
<b>1500 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>3:47.00</b>	<b>3:53.50</b>
Jersain Torres	Jr	3:55.19	3/21	UCI		
Alberto Diaz	So	3:57.91	3/21	UCI		
Victor Cuccia	So	4:04.82	3/7	Ben Brown		
Kevin Urak	Sr	4:22.10	2/21	UCSD		
Clark Selters	Fr	4:23.10	2/21	UCSD		
Rene Vidal	Fr	4:27.68	3/7	Ben Brown		
Michael Hernandez	Jr	5:00.85	5/22	NCAA		
Neil Macrorie	So	5:05.48	5/1	CCAA		
<b>3000 Meters SC</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>9:09.00</b>	<b>9:26.00</b>
Clint Hostetler	Fr	9:45.03	3/21	UCI		
Kevin Urak	Sr	10:00.64	3/21	UCI		
<b>5000 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>14:10.00</b>	<b>14:45.00</b>
Jersain Torres	Jr	14:37.78	3/7	Ben Brown		x
Victor Cuccia	So	15:22.54	3/7	Ben Brown		

Clark Selters	Fr	15:52.05	3/7	Ben Brown
Rene Vidal	Fr	17:19.74	5/2	CCAA

<b>10000 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>29:45.00</b>	<b>31:00.00</b>
Jersain Torres	Jr	30:54.02	3/28	Cal-Nev		x

<b>110 Hurdles</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>14.15</b>	<b>14.65</b>
Jake Deavers	Fr	14.86	5/2	CCAA		
Neil Macrorie	So	15.54	3/28	Cal-Nev		
Michael Hernandez	Jr	15.67	4/17	APU		

<b>400 Hurdles</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>51.65</b>	<b>53.45</b>
Brian Roser	Sr	53.30	4/4	PP		x

<b>4X100 Relay</b>		<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>40.25</b>	<b>41.35</b>
MH, JW, BT, CG		41.66	5/2	CCAA		

<b>4X400 Relay</b>		<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>3:11.00</b>	<b>3:15.00</b>
JO, BT, CG, BR		3:13.06	5/09	Oxy		x

<b>High Jump</b>	<b>Yr</b>	<b>Height</b>	<b>Date</b>	<b>Place</b>	<b>6-11 1/2</b>	<b>6-08.75</b>
Michael Hernandez	Jr	6-2 3/4	4/30	CCAA		
Neil Macrorie	So	5-8 1/2	3/19	CSUN		

<b>Pole Vault</b>	<b>Yr</b>	<b>Height</b>	<b>Date</b>	<b>Place</b>	<b>16-6 3/4</b>	<b>15-09</b>
Michael Hernandez	Jr	15-1	4/17	APU		
Derek Wong	Jr	13-10 1/2	5/2	CCAA		
Neil Macrorie	So	13-1 1/2	3/21	UCI		
Anthony Drake	Jr	12-9 1/2	4/17	APU		

<b>Long Jump</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>24-7 1/4</b>	<b>23-5 1/2</b>
Jonathan Williams	Jr	23-6 1/4	5/1	CCAA		x
Michael Hernandez	Jr	21-11	4/17	APU		
Neil Macrorie	So	20-6 1/4	5/1	CCAA		
Connor Duckworth	Jr	19-6 1/4	5/1	CCAA		

<b>Triple Jump</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>50-2 1/2</b>	<b>47-5</b>
Derek Wong	Jr	38-6	4/17	APU		

<b>Shot Put</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>55-5 1/2</b>	<b>52-2</b>
Nathan Schultz	So	40-4	5/2	CCAA		
Allister Larion	Fr	35-1	2/21	UCSD		
Michael Hernandez	Jr	35-0	3/19	CSUN		
Neil Macrorie	So	33-3	4/30	CCAA		

<b>Discus</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>173-11</b>	<b>160-1</b>
Nathan Schultz	So	119-7	4/17	APU		
Allister Larion	Fr	117-2	2/21	UCSD		
Michael Hernandez	Jr	112-0	5/1	CCAA		
Neil Macrorie	So	100-1	3/20	CSUN		

<b>Javelin</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>208-4</b>	<b>193-7</b>
Michael Hernandez	Jr	169-2	3/22	UCI		
Neil Macrorie	So	159-6	3/22	UCI		
Nathan Schultz	So	147-4	3/7	Ben Brown		

<b>Hammer</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>193-7</b>	<b>177-2</b>
Nathan Schultz	So	131-2	4/17	APU		

<b>Decathlon</b>	<b>Yr</b>	<b>Points</b>	<b>Date</b>	<b>Place</b>	<b>6900</b>	<b>6400</b>
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Michael Hernandez	Jr	6,582	5/21-22	NCAA	x
Neil Macrorie	So	5,866	3/19-20	CSUN	

**Team Result**

2/21 at UCSD dual -- La Jolla

2/28 at Claremont Relays

3/7 at Ben Brown, Fullerton

3/21 at UCI Invitational

3/19-20 at Cal State Northridge Multis

3/28-29 at Cal-Nevada (UCLA)

4/4 at Pomona-Pitzer

4/17 at Azusa Pacific

4/30-5/2 at CCAA (Chico State)

5/09 at Occidental Relays

5/21-23 at NCAA Championships, San Angelo, Texas