

**2003 CAL POLY POMONA  
MEN'S TRACK & FIELD BEST LIST**

As of May 9, 2003

<b>100 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>"A" 10.30</b>	<b>"B" 10.68</b>
Vince Nguyen	So.	10.69	5/4	CPP		
Denny Casupanan	Fr.	10.80	5/8	CCAA		
Quentin Rodgers	Fr.	11.03	3/8	CS Fullerton		
Tim Gregory	Fr.	11.41	3/1	CPP		
Geoff Smith	So.	11.52	4/26	UCSD Inv.		
Harvey Thomas	Fr.	11.54	4/5	UC Riverside		
Herbert Ip	So.	11.82	3/1	CPP		

<b>200 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>20.65</b>	<b>21.55</b>
Vince Nguyen	So.	21.49	5/4	CPP		X
Quentin Rodgers	Fr.	22.18	3/8	CS Fullerton		
Ike Njoku	Fr.	22.71	3/8	CS Fullerton		
Tim Gregory	Fr.	23.06	4/5	UC Riverside		
Harvey Thomas	Fr.	23.31	4/5	UC Riverside		

<b>400 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>46.50</b>	<b>48.00</b>
Ike Njoku	Fr.	48.97	4/18	PP Inv.		
Quentin Rodgers	Fr.	50.26	3/1	CPP		
David Grant	Fr.	50.42	5/4	CPP		
Robert Braun	So.	50.91	5/4	CPP		
Sean Zeitler	Fr.	51.02	3/8	CS Fullerton		
Tim Gregory	Fr.	51.30	5/3	UC Irvine		
Shaun Dinkle	Sr.	52.21	3/1	CPP		

<b>800 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>1:49.40</b>	<b>1:52.60</b>
James DeBruhl	Sr.	1:53.13	4/18	Mt. SAC		
Shawn Fitzgerald	So.	1:53.48	5/3	UC Irvine		
Matt Rainwater	Sr.	1:55.92	4/5	UC Riverside		
Peter Barriga	So.	1:56.17	5/3	UC Irvine		
Robert Braun	So.	1:57.82	4/5	UC Riverside		
Josh Hannan	Fr.	1:59.37	4/26	UCSD Inv.		
David Grant	Fr.	2:00.46	5/3	UC Irvine		
Brad Theobald	So.	2:03.60	3/1	CPP		
Mark Batres	Fr.	2:05.95	3/29	UCSD		
Matthew Komoto	So.	2:07.85	5/4	CPP		

<b>1500 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>3:47.00</b>	<b>3:54.00</b>
Matt Rainwater	Sr.	3:55.74	4/5	UC Riverside		
Peter Barriga	So.	3:59.02	5/3	UC Irvine		
Mark Batres	Fr.	4:01.60	4/18	PP Inv.		
Brad Fessenden	So.	4:07.30	5/3	UC Irvine		
Tom Hummel	Fr.	4:16.31	5/4	CPP		
Josh Hannah	Fr.	4:12.84	5/3	UC Irvine		
Shawn Fitzgerald	So.	4:12.92	4/12	Cal-Nev		
Bernardo Santillan	Fr.	4:15.15	3/8	CS Fullerton		
Brad Theobald	So.	4:15.56	3/1	CPP		
James DeBruhl	Sr.	4:16.00	3/1	CPP		
Eric Castaneda	So.	4:16.22	3/1	CPP		
Daniel Sutton	So.	4:18.60	5/4	CPP		
James Tawney	Fr.	4:21.21	5/4	CPP		
Matt Komoto	So.	4:26.73	5/3	UC Irvine		
Pete Ortiz	Fr.	4:29.18	3/8	CS Fullerton		

David Grant	Fr.	4:37.09	5/8	CCAA
David Kolb	So.	4:47.79	5/8	CCAA

<b>3000 Meters SC</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>9:00.00</b>	<b>9:25.00</b>
Matt Rainwater	Sr.	9:14.74	4/12	Cal/Nev.		X
Mark Batres	Fr.	9:17.28	4/12	Cal/Nev.		X
Brad Theobald	So.	9:34.0h	3/8	CS Fullerton		
Shaun Fitzgerald	So.	9:48.50	4/18	PP Inv.		
Daniel Sutton	So.	10:00.62	4/5	UC Riverside		
David Kolb	So.	10:30.0h	3/8	CS Fullerton		

<b>5000 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>14:00.00</b>	<b>14:50.00</b>
Mark Batres	Fr.	14:46.57	4/12	Cal-Nev.		X
Matt Rainwater	Sr.	15:16.15	3/29	UCSD		
Peter Barriga	So.	15:30.02	3/8	CS Fullerton		
Daniel Sutton-Kane	So.	15:41.44	4/26	UCSD Inv.		
James Tawney	Fr.	15:42.24	4/5	UC Riverside		
Brad Fessenden	So.	15:47.05	3/8	CS Fullerton		
Tom Hummel	Fr.	15:49.14	4/5	UC Riverside		
Brad Theobald	So.	16:05.07	4/5	UC Riverside		
Bernardo Santillan	Fr.	16:10.30	4/5	UC Riverside		
Pete Ortiz	Fr.	16:47.55	3/15	UCI		
Matt Komoto	So.	17:06.37	3/29	UCSD		

<b>10000 Meters</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>29:20.00</b>	<b>31:20.00</b>
Mark Batres	Fr.	30:20.83	3/1	CPP		X
James Tawney	Fr.	32:02.00	4/18	PP Inv.		
Tom Hummel	Fr.	32:38.80	4/18	PP Inv.		
Daniel Sutton	So.	33:22.84	5/8	CCAA		
Bernardo Santillan	Fr.	33:52.00	4/18	PP Inv.		
H. Arredondo	Fr.	33:55.25	3/1	CPP		
Brad Fessenden	So.	35:05.00	3/1	CPP		
Pete Ortiz	Fr.	35:09.58	5/8	CCAA		
Matt Komoto	So.	35:18.00	4/18	PP Inv.		

<b>110 Hurdles</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>13.90</b>	<b>14.70</b>
David Leetz	Fr.	15.78	3/29	UCSD		
Dillon Diers	Fr.	16.70	4/5	UC Riverside		
Herbert Ip	So.	16.82	4/5	UC Riverside		

<b>400 Hurdles</b>	<b>Yr</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>51.70</b>	<b>53.55</b>
David Leetz	Fr.	58.48	4/26	UCSD Inv.		
Dillon Diers	Fr.	59.19	4/5	UC Riverside		

<b>4X100 Relay</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>40.00</b>	<b>41.20</b>
Team A	42.53	4/26	UCSD Inv.		

<b>4X400 Relay</b>	<b>Time</b>	<b>Date</b>	<b>Place</b>	<b>3:09.00</b>	<b>3:14.00</b>
Team A	3:18.33	4/19	Mt. SAC		

<b>High Jump</b>	<b>Yr</b>	<b>Height</b>	<b>Date</b>	<b>Place</b>	<b>7-01</b>	<b>6-09.75</b>
DeAndre Laurie	So.	6-10.50	5/9	CCAA		X
Shaun Fitzgerald	So.	6-2.75	4/5	UC Riverside		
Herbert Ip	So.	6-0	5/3	UC Irvine		
David Leetz	Fr.	5-5	4/5	UC Riverside		

<b>Pole Vault</b>	<b>Yr</b>	<b>Height</b>	<b>Date</b>	<b>Place</b>	<b>17-00</b>	<b>15-09</b>
Garrett Holcomb	Fr.	14-7	4/18	PP Inv		
Trevor Hunt	So.	13-6.25	4/26	UCSD Inv.		
David Paquin	Fr.	13-5.75	5/4	CPP		
Herbert Ip	So.	12-6	5/4	CPP		

<b>Long Jump</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>25-04</b>	<b>23-08</b>
Denny Casupanan	Fr.	23-1.25	5/4	CPP		
Shaun Dinkle	Sr.	22-9	4/26	UCSD Inv.		
Herbert Ip	So.	22-1.50	5/4	CPP		
DeAndre Laurie	So.	20-7.25	4/26	UCSD Inv.		
Moises Magdaleno	So.	20-1.50	4/5	UC Riverside		
Vince Nguyen	So.	19-10.25	5/8	CCAA		
Alex San Diego	Fr.	18-7.75	3/29	UCSD		

<b>Triple Jump</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>51-00</b>	<b>48-06</b>
DeAndre Laurie	So.	46-11.75	5/9	CCAA		
Herbert Ip	So.	45-10.75	4/5	UC Riverside		
Ike Njoku	Fr.	44-9	3/29	UCSD		
Moises Magdaleno	So.	43-2.50	4/5	UC Riverside		
Alex San Diego	Fr.	41-1	3/29	UCSD		

<b>Shot Put</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>60-0.25</b>	<b>53-00</b>
Anthony DeBoer	So.	44-11.50	4/5	UC Riverside		
Matthew Palmer	Fr.	42-11.75	3/8	CS Fullerton		
David Leetz	Fr.	32-9.75	5/4	CPP		
Herbert Ip	So.	31-0.00	5/4	CPP		

<b>Discus</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>180-00</b>	<b>161-00</b>
Anthony DeBoer	So.	154-2	3/29	UCSD		
Matthew Palmer	Fr.	150-0	3/1	CPP		
Herbert Ip	So.	103-10	5/3	UC Irvine		
David Leetz	Fr.	61-6	5/3	UC Irvine		

<b>Javelin</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>218-00</b>	<b>195-00</b>
Herbert Ip	So.	153-2	3/8	CS Fullerton		
David Leetz	Fr.	112-3	4/5	UC Riverside		

<b>Hammer</b>	<b>Yr</b>	<b>Distance</b>	<b>Date</b>	<b>Place</b>	<b>200-00</b>	<b>172-00</b>
Anthony DeBoer	So.	181-7	4/18	PP Inv.		X
Matthew Palmer	Fr.	161-8	3/29	UCSD		

<b>Decathlon</b>	<b>Yr</b>	<b>Points</b>	<b>Date</b>	<b>Place</b>	<b>7000</b>	<b>6500</b>
Herbert Ip	So.	5851	5/9	CCAA		

#### **Team Result**

UCI Spring Break	41	3/15	3rd
UCSD Challenge	125	3/29	2nd
UCR Invitational	146	4/5	1st
Cal-Nev. Championships	29	4/12	9th
CCAA Championships	98	5/9	3rd