

PARTICIPANT MANUAL

NCAA DIVISION II MEN'S AND WOMEN'S OUTDOOR TRACK AND FIELD CHAMPIONSHIPS

MAY 27-29, 2004



**HOSTED BY:
CALIFORNIA STATE POLYTECHNIC UNIVERSITY,
POMONA**

EVENT SCHEDULE

TUESDAY, MAY 25

7 a.m. – 10 p.m.

Official practice at Cal Poly per the host schedule

WEDNESDAY, MAY 26

7 a.m. – 6 p.m.

Practice at Cal Poly and Mt. SAC per the host schedule

1 p.m. – 3:15 p.m.

Packet pick-up – Sheraton Suites Fairplex, pavilions 1 and 2

3:30 p.m. – 4:30 p.m.

Mandatory coaches technical meeting – Sheraton Suites, salon D

6:30 p.m.

Banquet – Sheraton Suites Fairplex, building 5

THURSDAY, MAY 27

10:30 a.m.

First session begins

FRIDAY, MAY 28

10 a.m.

Second session begins

SATURDAY, MAY 29

8 a.m.

Division II Coaches Association Meeting–Sheraton Suites, salon D

Noon

Final session begins

9 p.m.

Student-athlete dance – Sheraton Suites Fairplex, salon D
(credentials required)

PERSONNEL

NCAA Division II Track and Field Committee

Karen Boen, Stonehill College
Dick Clay, University of North Dakota
Tracy Cumming, San Francisco State University
Greg Gilbert, University of Findlay
Russ Jewett, Pittsburg State University, chair
Craig McPhail, Lees-McRae College
Darlene Moore, Fort Valley State University
Roberta Page, Shippensburg University of Pennsylvania

NCAA Liaison, Jacqie Carpenter

Host – Cal Poly Pomona Staff

Jim Sackett, Track and Field Coach

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Ruem Malasarn, Athletic Trainer

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Mt. SAC and Hilmer Lodge Stadium Staff

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Evelyn Lewis, Special Events Secretary

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CHAMPIONSHIPS INFORMATION

<http://www.csupomona.edu/~athletic/championship/index.html>

DECLARATION

Information will be forwarded by the NCAA and will be posted on the following Web site: www.flashresults.com/flashwest.

BANQUET

The team banquet and Hall of Fame induction will be held Wednesday, May 26, at the Sheraton Suites Fairplex in building 5, beginning at 6:30 p.m. Each member of each institution's official travel party will receive a complimentary banquet ticket. Additional tickets may be purchased for \$35. Please see the Cal Poly championships host Web site for more information.

HOTELS

For more information, please see the Cal Poly championships host Web site.

AIRPORTS

The Ontario airport is most conveniently located to area hotels, the Cal Poly Pomona campus and Mt. SAC. For more information, please see the Cal Poly championships host Web site.

TRANSPORTATION

A convenient transportation center is adjacent to the Ontario airport and provides access to all major car rental companies.

CREDENTIALS

Credentials, as determined by the NCAA, will be issued using the following system:

- One participant credential per competing student-athlete.
- One medical credential per institution. Medical credentials must be requested prior to arrival through Ruem Malasarn and requests must be on institutional letterhead (FAX: 909-869-2814).
- Coaches credentials will be issued using the following formula per gender:

Number of student-athletes competing	Credentials allotted
1 – 4	1
5 or more	2

STUDENT-ATHLETE AND COACHES STADIUM ENTRANCE AT MT. SAC

Student-athletes and coaches must enter the Northeast gate at Mt. SAC only. You must have your credential to enter the stadium.

PARKING

Parking passes will be made available for participating institutions at their respective hotels. Passes will be valid at Cal Poly Pomona beginning Tuesday, May 25 and at Mt. SAC on Wednesday, May 26 through Saturday, May 29. For more information on parking please refer to the Cal Poly Pomona host championships Web site:
<http://www.csupomona.edu/~athletic/championship/>.

COMPETITOR NUMBERS

Participants must wear both numbers (front and back). High jumpers and pole vaulters may wear one number on either front or back. Hip numbers will be assigned to all runners. Hip numbers must be worn on briefs or shorts. **NUMBERS CANNOT BE ALTERED IN ANY FASHION.**

PRACTICE

The practice schedule is listed under pre-meet information on the Cal Poly Pomona championships host Web site: <http://www.csupomona.edu/~athletic/championship/>.

JUMP INFORMATION

- The high jump paddock provides an unlimited approach area.
- Long jump and triple jump pits are the runways on the finish line side. The long jump is 188 feet to the board and the board is 3 feet from the pit. The pit is 36 feet long.
- The triple jump for the men is 150 feet to the board and 43 feet to the pit.
- The triple jump for the women is 134 feet to the board and 38 feet to the pit.

POLE VAULT

The pole vault runway is 168 feet to the back of the box. Participants can ship their poles/javelins to the Sheraton Suites Fairplex, Attention: Erin Kitchen, 601 W. McKinley Ave., Pomona, CA 91768. Do not ship to Cal Poly or to Mt. SAC. Participants are responsible for shipping their equipment back to their institution.

MULTIEVENTS

All events will be contested at Mt. SAC. Weigh-ins will take place at the south end of the Mt. SAC Field House. Implement weigh-in will be from 8 a.m. to the start of the event.

WEIGHT EVENTS

Hammer and discus will be contested at Cal Poly Pomona, located next to the baseball field and parking lot B. Shot and javelin will be contested at Mt. SAC.

IMPLEMENT CERTIFICATION

- Hammer and discus will be certified at the weight shed at Cal Poly's track at the north end of the stadium (it's the only building near the track).
- Shot and javelin will be certified at the south end of the Mt. SAC Field House.

WEIGH-IN SCHEDULE

Implements may be dropped off at the implement weigh-in area three hours prior to the event and no later than one hour and 30 minutes prior to the event on the day of competition.

All implements will be impounded at the time of certification. Certified implements will be transported to the event site one hour prior to the event. Meet management will provide a selection of implements for use by any competitor. Competitors may use their own implements, provided they have been certified as legal. All implements may be picked up in the certification areas no earlier than 30 minutes following the conclusion of the event finals.

RUNNING EVENT INFORMATION

- Meet management will have batons available for those teams needing one.
- Only starting blocks provided by meet management may be used.
- Relay cards **MUST** be completed and turned in by the coaches 30 minutes prior to the event. Cards are to be turned in at the protest table located in tent 2.

PROTEST TABLE

The protest table will be located in tent 2, near the officials check-in table.

AWARDS

The awards will be distributed on the infield after the next event. Participants are required to wear their official school uniform/warm-up for the awards presentation. Individual awards will be presented to the top eight finishers. Team awards will be provided to the top four teams.

SCORING

10-8-6-5-4-3-2-1

MEDIA/INTERVIEW TENT

The media tent will be located at the northwest corner of the track (just outside the track oval).

HEAT SHEETS AND FINAL RESULTS

All heat sheets and results will be distributed by coupon only.

HEAT SHEETS

- **DAY ONE** – Issued following the banquet in the lobby of the Sheraton Suites Fairplex.
- **DAY TWO** – Available approximately 30 minutes after the final event at the lower press box or at the Sheraton Suites Fairplex 90 minutes after the meet.
- **DAY THREE** – Available approximately 30 minutes after the final event at the lower press box or at the Sheraton Suites Fairplex 90 minutes after the meet.

Heat sheets will also be available each day at 10 a.m. at the Mt. SAC ticket office.

RESULTS

Final results from each day's events will be available approximately 30 minutes after the final event at the lower press box or at the Sheraton Suites Fairplex 90 minutes after the meet. Results will also be available at the Mt. SAC ticket office each day at 10 a.m.

TRAINERS

For more information, please see the Cal Poly championships host Web site.

Cal Poly Pomona

Training Room Hours:

Mon., May 24 - 8 a.m. – 5 p.m.

Tue., May 25 - 8 a.m. – 5 p.m.

Wed., May 26 - 8 a.m. – 5 p.m.

Thur., May 27 - 8 a.m. – 5 p.m.

Fri., May 28 - Closed

Sat., May 29 - Closed

Mt. SAC Stadium

Training Room Hours:

Mon., May 24 - 10 a.m. – 6p.m.

Tue., May 25 - 10 a.m. – 6 p.m.

Wed., May 26 - 10 a.m. – 6 p.m.

Thur., May 27 - 8 a.m. – 9 p.m.

Fri., May 28 - 8 a.m. – 9 p.m.

Sat., May 29 - 10 a.m. – 8 p.m.

CHAMPIONSHIPS HANDBOOKS

For additional information regarding the championships, please review the NCAA Division II Men's and Women's Outdoor Track and Field Championships Handbook and the Division II General Championships Handbook.

Pre-Meet Schedule

Note: *All meetings, packet pick-ups, Hall of Fame Athletes' Banquet and Athletes' dance will be held at the meet headquarters, Sheraton Suites Fairplex, 601 W. McKinley Ave., Pomona.*

Tuesday, May 25

Practice available at Cal Poly Pomona only (7 a.m. - 10 p.m.)

7 a.m. to noon: lanes 5, 6 men high hurdles south side
7 a.m. to noon: lanes 3, 4 women high hurdles south side
7 a.m. to noon: lanes 5, 6 long hurdles men east side start
7 a.m. to noon: lanes 3, 4 women long hurdles start
7 a.m. to 10 p.m.: lanes 1, 2 for lap race people
Noon to 10 p.m.: sprint starts, lanes 5-8 west side
Noon to 10 p.m.: relay exchanges, lanes 1-4
Long jump/triple jump: all day both genders
High jump: men, 7 a.m. - noon; women, noon - closing
Shot Put: both genders all day
Javelin: both genders all day
Pole Vault: women 7 a.m. - noon.; men noon. - closing
Hammer: both genders, 7 a.m. - noon
Discus: both genders, noon. - closing

Wednesday, May 26

Practice available at Cal Poly Pomona and Mt. SAC (7 a.m. - 6 p.m.)

At Cal Poly Pomona:

7 a.m. to noon: lanes 5, 6 men high hurdles south side
7 a.m. to noon: lanes 3, 4 women high hurdles south side
7 a.m. to noon: lanes 5, 6 long hurdles men east side start
7 a.m. to noon: lanes 3, 4 women long hurdles start
7 a.m. to 6 p.m.: lanes 1, 2 for lap race people
Noon to 6 p.m.: sprint starts, lanes 5-8 west side
Noon to 6 p.m.: relay exchanges, lanes 1-4
Long jump/triple jump: both genders all day
High jump: men, 7 a.m. - noon; women, noon - closing
Shot Put: both genders all day
Javelin: both genders all day
Pole Vault: women 7 a.m. - noon.; men noon. - closing
Hammer: both genders, 7 a.m. - noon
Discus: both genders, noon. - closing

At Mt. SAC:

7 a.m. to 6 p.m.: lanes 7, 8 men high hurdles finish line side
7 a.m. to 6 p.m.: lanes 7, 8 women high hurdles press box side
7 a.m. to 6 p.m.: lane 5 men long hurdles
7 a.m. to 6 p.m.: lane 6 women long hurdles

7 a.m. to 6 p.m.: lanes 3, 4 sprint starts and relays
7 a.m. to 6 p.m.: lanes 1, 2 for lap race people
Shot Put: both genders all day
Pole Vault: men 7 a.m. - noon.; women noon. - closing
Javelin: both genders all day
Long jump/triple jump: both genders all day
High jump: both genders all day; men's pit on finish line side; women's pit on press box side

1 p.m. to 3:15 p.m. Packet pick-up at the Sheraton Suites Fairplex, pavilions 1 and 2.
3:30 p.m. – 4:30 p.m. Mandatory coaches technical meeting – Sheraton Suites, salon D
6:30 p.m. Banquet – Sheraton Suites Fairplex, building 5

Thursday, May 27

Practice available at Cal Poly Pomona (7 a.m. - 6 p.m.) and Mt. SAC (7 - 9 a.m.)

At Cal Poly Pomona:

Hammer and Discus rings at Cal Poly Pomona are closed for competition.

At Mt. SAC (7-9 a.m.):

Javelin, shot, long jump and triple jump open from 7 a.m. – 9 a.m.

Facility closed after 9 a.m. for multi event competition.

Friday, May 28

Practice available at Cal Poly Pomona (7 a.m. - 6 p.m.) and Mt. SAC (7 - 9 a.m.)

At Cal Poly Pomona:

Hammer and Discus rings at Cal Poly Pomona are closed for competition.

At Mt. SAC (7-9 a.m.):

Javelin, shot, long jump and triple jump open from 7 a.m. – 9 a.m.

Facility closed after 9 a.m. for multi event competition.

Saturday, May 29

Practice available at Cal Poly Pomona only (7 a.m. - 6 p.m.)

8 a.m. Division II Coaches Association Meeting – Sheraton Suites, salon D

Noon Final session begins

9 p.m. Student-athlete dance – Sheraton Suites Fairplex, salon D (credentials required)

For more information, please see the Cal Poly
championships host Web site:

<http://www.csupomona.edu/~athletic/championship/>