

**Cal Poly Pomona Broncos Women's Track and Field
All-Time Top Ten Individual Performers**

100 METERS

1. Chi Cheng	11.24	1971
2. Jocalyn Pruitt	11.64	1977
3. Lana Cantrell	11.94	1988
4. Tabreisha Lawrence	12.01	1998
5. Veronica Bell	12.04	1982
6. Dominique Hughes	12.05	1997
7. Doris Williams	12.10	1989
8. LaTrice Williams	12.10	1986
9. Aldora George	12.14	1992
10. Shelby McDade	12.22	1981

200 METERS

1. Chi Cheng	22.64	1971
2. Jocalyn Pruitt	24.00	1997
3. Tabreisha Lawrence	24.40	1997
4. Doris Williams	24.54	1989
5. Deidre Echevarria	24.68	2002
6. Jasmine Winn	24.77	2008
7. Roxanne Jackson	24.79	1984
8. Kathy Smallwood	24.84	1971
9. Kiyota Reed	24.95	2002
10. Laura Jackson	25.10	1984

400 METERS

1. Chi Cheng	52.34	1971
2. Jakki Henderson	52.49	1991
3. Roxanne Jackson	55.06	1984
4. Tabreisha Lawrence	55.24	1997
5. Tokunbo Adeniji	55.49	2008
6. Carmen Franklin	56.11	2004
7. Laura Jackson	56.60	1984
8. Daniella Russell	56.70	2001
9. Deidre Echevarria	57.12	2003
10. Suzy Bohner	57.14	1979

800 METERS

1. Carmen Franklin	2:09.34	2006
2. Ellie Carey	2:09.85	1986
3. Rosetta Hunter	2:10.04	1995
4. Karen Farley	2:10.60	1985
5. Kristin Harkins	2:11.61	1989
6. Miste Garcia	2:12.31	1985

7. Cynthia Hohlstein	2:13.61	2002
8. Janet Nicholls	2:15.81	1986
9. Jakki Henderson	2:15.69	1991
10. Roxanne Jackson	2:18.30	1984

1500 METERS

1. Joann Howard	4:25.45	1986
2. Miste Garcia	4:27.96	1985
3. Kristin Harkins	4:29.80	1990
4. Ellis Carey	4:31.63	1986
5. Rosetta Hunter	4:34.63	1995
6. Karen Fraley	4:35.05	1987
7. Tere DeAnda	4:36.3	1978
8. Sherrie Roach	4:36.95	1987
9. Kim Difilippo	4:39.13	1986
10. C. Bruler	4:39.9	1979

3000 METERS

1. Joann Howard	9:30.54	1985
2. Kellie Taylor	9:45.63	1991
3. Gina Placencio	9:50.67	1988
4. Sherrie Roach	9:53.29	1986
5. Kim Difilippo	9:58.35	1986
6. Monica Valdez	10:05.10	2006
7. Kristin Harkins	10:05.7	1989
8. Miste Garcia	10:08.1	1984
9. Adrienne Schumm	10:10.19	2008
10. Claudia Garcia	10:17.03	2008

3000 METER STEEPLECHASE

1. Tiffany Turner	11:08.87	2008
2. Emma Hartel	11:18.88	2007
3. Jamie Ray	11:22.14	2003
4. Naomi Bisagno	11:45.69	2008
5. Whitney Hurley	11:51.28	2006
6. Amanda McDermott	11:53.10	2002
7. Aprile Grothe	12:10.48	2004
8. Jayme Ambos	12:12.06	2004
9. Natalie Miano	12:29.64	2003
10. Gabby Hernandez	12:43.89	2001

5000 METERS

1. Joann Howard	16:38.8	1985
2. Sherie Roach	16:54.4	1987
3. Kellie Taylor	17:24.67	1991
4. Trisha Molina	17:37.8	1987

5. Claudia Garcia	17:39.16	2008
6. Monica Valdez	17:52.09	2006
7. Adrienne Schumm	17:53.94	2008
8. Christina Jimenez	17:57.51	2004
9. Kim Difilippo	18:07.3	1985
10. Tiffany Turner	18:12.89	2008

10000 METERS

1. Sherie Roach	35:10.9	1987
2. Joann Howard	36:09	1985
3. Adrienne Schumm	36:23.54	2008
4. Claudia Garcia	36:27.04	2008
5. Trisha Molina	36:31.4	1987
6. Christina Jimenez	37:00.5	2007
7. Monica Valdez	38:05.21	2006
8. Kellie Miller	38:32	1987
9. K. Niederhaus	38:08	1992
10. Maria Mendoza	39:03.1	1989

100 METER HURDLES

1. Chi Cheng	13.04	1971
2. Doris Williams	13.41	1989
3. Lana Cantrell	13.69	1988
4. Tabreisha Lawrence	13.82	1999
5. Aldora George	13.86	1993
6. Kiyota Reed	14.12	2002
7. K. Paulson	14.24	1978
8. N. Radi	14.64	1979
9. Alishia Carter	14.65	1999
10. Pam Fortner	14.65	1986

400 METER HURDLES

1. Tabreisha Lawrence	58.95	1998
2. Lana Cantrell	59.99	1988
3. Aldora George	60.60	1993
4. Suzy Boehner	61.14	1979
5. Sue Rupel	62.24	1983
6. Janet Nicolls	62.64	1984
7. Pam Fortner	62.94	1986
8. Christina Glenn	62.97	1984
9. Musiette McKinney	63.64	1979
10. Nicole Lomeli	63.77	2001

LONG JUMP

1. Chi Cheng	20-4.75	1971
2. Veronica Bell	20-3.75	1982

3. Debra Larsen	20-2.50	1986
4. Dominique Hughes	19-5.50	1995
5. Jasmine Winn	19-3-50	2007
6. Suzy Boehner	19-2	1979
7. Yatasha Edinbyrd	18-8.5	1989
7. Ruth Moecks	18-8.5	1998
9. Janet Nicholls	18-7.5	1986
10. Marisha Parnell	18-1.75	1994

TRIPLE JUMP

1. Dominique Hughes	40-9.5	1995
2. Ruth Moecks	39-10.5	1997
3. Valerie Henderson	39-0.50	2004
4. Debra Larsen	38-6	1986
5. Jasmine Winn	37-8.75	2007
6. Camille Robertson	36-7.75	1985
7. Yatasha Edinbyrd	36-7	1988
8. Maisha Parnell	36-2.75	1991
9. Angela May	36-2	1992
10. Megan Emami	36-1.5	2007

HIGH JUMP

1. Janet Nicolls	6-0.50	1984
2. Durelle Schimek	6-0	1988
2. Debra Larsen	6-0	1986
4. Kimber Reed	5-9.25	1988
5. Topaz Marcos	5-7.75	2004
6. Suzy Boehner	5-7.50	1979
7. Christina Glenn	5-7.25	1985
8. Rachel Schaffner	5-6.50	2004
9. Musiette McKinney	5-6	1979
10. Dena Beatty	5-5	1984

POLE VAULT

1. Lyric Teigen	12-6.5	2007
2. DaLarie Manda	11-4.25	1999
3. Terri Amborn	10-6	2002
4. Lisa Robbins	10-0	2004
5. Marisa Jernigan	9-6.25	2007
5. Rachel Schaffner	9-6.25	2004
7. Heidi Lance	9-0.25	2004
7. Billie Maldonado	9-0.25	2004

SHOT PUT

1. Brandi Gail	50-8	1988
2. Nicole Beauregard	47-9.25	1995

3. Debra Larsen	47-2.50	1985
4. Susanne Back	45-10.75	2003
5. Monica Wren	45-2	1984
6. Durelle Schimek	44-1.5	1989
7. Janet Nicolls	43-11.75	1986
8. Janelle Strohmeier	43-10.50	1987
9. Yvonne Hill	42-10.75	1988
10. Jaqueline Nelsen	42-2.75	1984

DISCUS

1. Brandi Gail	164-3	1988
2. Jodie Warr	151-7	1994
3. Christy Buehler	150-9	2002
4. Monica Wren	150-1	1984
5. Jaqueline Nelsen	143-6	1984
6. Lorna Gregory	141-6	1984
7. Nicole Beauregard	139-7	1994
8. Ileana Tejada	139-0	2008
9. Aurelia Dardaillon	137-05	2004
10. Carol Hall	132-7	1983

JAVELIN

1. Durelle Schimek	186-10	1988
2. Jaqueline Nelsen	167-7	1984
3. Janet Nicolls	160-11	1986
4. Debra Larsen	155-3	1986
5. Kimber Reed	153-10	1988
6. Raedean Rona	153-2.50	1981
7. Dana Carlson	146-0	1988
8. June Wintermute	142-11	1983
9. Monica Wren	142-6	1983
10. Susanne Back	142-3	2002

HAMMER THROW

1. Ileana Tejada	163-10	2008
2. Katy Everett	156-3	2001
3. Susanne Back	148-7	2003
4. Nicole Beauregard	139-2	1996
5. Christy Buehler	132-11	2002
6. Stephanie Aiken	130-06	2004
7. Melissa Beauregard	129-9	1999
8. Jane DeVries	129-2	1997
9. Ariana Robinson	127-0	2005
10. Erica Johnson	118-3	2007

HEPTATHLON

1. Debra Larsen	5827	1986
2. Janet Nicolls	5766	1986
3. Durelle Schimek	5507	1989
4. Christina Glenn	5088	1985
5. Ruth Moecks	4787	1997
6. Sue Girard	4502	1990
7. Rachel Schaffner	4095	2004
8. Nicole Lomeli	3547	2002
9. Natalia Gonzalez	3503	2008
10. Elizabeth Eagleton	3401	1995

4X100 RELAY

1. Moecks, Lawrence, Hughes, Pruitt	46.75	1997
2. George, Clavin, Henderson, Weatherford	47.16	1991
3. Dismuke, Lawrence, Hughes, Pruitt	47.21	1996
4. Barker, Jackson, Fortner, R. Jackson	48.08	1984
5. Sanchez, Lawrence, Moecks, Pruitt	48.12	1998
6. Wilridge, Winn, Fromer, Adeniji	48.20	2008
7. May, Calvin, George, Brhel	48.53	1992
8. Cantrell, O'Keefe, Hill, Williams	48.54	1988
9. Barker, Fortner, Lavinger, R. Jackson	48.63	1984
10. Edinbyrd, Cantrell, Hill, Williams	48.68	1988

4X200 RELAY

1. Moecks, Lawrence, Hughes, Pruitt	1:38.87	1997
2. Barker, Fortner, L. Jackson, R. Jackson	1:40.93	1984
3. McDade, R. Jackson, Robinson, Bell	1:42.69	1982
4. Pruitt, Dismuke, Lawrence, Hughes	1:42.84	1996
5. L. Jackson, Lavinger, Williams, R. Jackson	1:46.6	1984
6. Teigen, Franklin, Winn, Henderson	1:48.65	2006
7. Franklin, Everett, Tomlin, Schaffner	1:49.93	2004
8. Fabbrio, Nicolls, Beatty, Piersma	1:51.0	1983
9. McDade, Spears, Robinson, Williams	1:52.88	1982
10. Nicolls, Mirando, Beatty, Piersma	1:53.1	1983

4X400 RELAY

1. L. Jackson, Glenn, Nicolls, R. Jackson	3:44.98	1984
2. Glenn, Farley, Nicolls, R. Jackson	3:50.2	1984
3. Piersma, Rupel, Lawson, R. Jackson	3:50.67	1982
4. S. Williams, Glenn, Nicolls, Piersma	3:51.15	1983
5. S. Williams, Nicolls, L. Jackson, R. Jackson	3:52.4	1984
6. S. Williams, Glenn, Garcia, Farley	3:52.45	1985
7. Henderson, Calvin, George, May	3:52.59	1991
8. Harkins, Cantrell, Williams, O'Keefe	3:53.10	1988
9. Cantrell, Harkins, McGrath, Williams	3:53.89	1988

10. R. Jackson, Bell, Lawson, Nicolls 3:57.2 1982

4X800 RELAY

1. Harkins, Hunter, Tobias, York 9:16.0 1992
2. Farley, Gonzales, Placencio, Garcia 9:29.6 1987
3. R. Jackson, Flores, Lawson, Piersma 9:54.7 1982
4. Tobias, McGrath, Gann, Taylor 9:57.3 1991
5. Harkins, Placencio, Alarcon, McGrath 9:59.3 1988
6. McGrath, O'Neill, Girard, Hawkins 9:59.5 1990
7. Brown, Franklin, Winfrey, Miano 10:00.38 2004
8. Lawson, Flores, Masonis, Piersma 10:01.2 1982
9. Miano, Franklin, Brown, Valdez 10:06.56 2005
10. Newton, DeAnda, Wallace, Spears 10:17.4 1983

4X1600 RELAY

1. Harkins, Hunter, York, Niederhaus 21:34.0 1992
2. Valdez, Vega, Miano-Batres, Jimenez 21:52.78 2006
3. Miano, Valdez, Jimenez, Ray 21:59.24 2005
4. Jimenez, Vega, Hurley, Grothe 22:29.17 2004
5. Gann, Harkins, Hunter, York 22:38.0 1992
6. Ray, Hakimdavar, Lopez, Hurley 23:07.08 2006
7. Ghiglieri, Villescascas, Falcon, McCoy 24:05.5 1997
8. Swift, Gomez, Trejo, Murena 24:44.7 1997

800 METER SPRINT MEDLEY

1. McDade, Bell, R. Jackson, Piersma 1:47.0 1982
2. McDade, Bell, R. Jackson, Piersma 1:50.4 1982
3. Teigen, Henderson, Winn, Franklin 1:52.93 2006
3. McDade, Robinson, Durand, Nicolls 1:53.8 1982
4. Spears, Robinson, McDade, R. Jackson 1:54.4 1981
5. Fortner, Dorothy, Barker, Williams 2:01.5 1985

SPRINT MEDLEY

1. May, Weatherford, George, Hunter 4:12.35 1993
2. Barker, L. Jackson, Williams, Farley 4:16.3 1984
3. McDade, Robinson, Nicolls, Flores 4:19.0 1982
4. Hughes, Pruitt, Dismuke, Lawrence 4:21.26 1996
4. Spears, Mirando, Lawson, Piersma 4:31.48 1982

DISTANCE MEDLEY

1. Farley, Nicolls, Carey, Howard 12:09.9 1986
2. Garcia, Glenn, Farley, Howard 12:10.95 1985
3. Calvin, Henderson, Gann, Taylor 12:17.82 1981
4. Calvin, York, Harkins, Hunter 12:28.9 1992
5. Miano, Wooten, Franklin, Valdez 12:42.34 2005
6. Jimenez, Smith, Miano-Batres, Valdez 12:47.86 2006

7. York, McGrath, O'Neill, Harkins	12:48.0	1990
7. Difilippo, Locke, Webb, Roach	12:48.0	1986
9. Winfrey, Franklin, Brown, Miano	12:49.66	2004
10. Alarcon, McGrath, Kinyon, Harkins	13:00.3	1988