

**Cal Poly Pomona Broncos Women's Track and Field
All-Time Top Ten Individual Performers**

100 METERS

1. Chi Cheng	11.24	1971
2. Jocalyn Pruitt	11.64	1977
3. Lana Cantrell	11.94	1988
4. Tabreisha Lawrence	12.01	1998
5. Veronica Bell	12.04	1982
6. Dominique Hughes	12.05	1997
7. Doris Williams	12.10	1989
8. LaTrice Williams	12.10	1986
9. Aldora George	12.14	1992
10. Shelby McDade	12.22	1981

200 METERS

1. Chi Cheng	22.64	1971
2. Jocalyn Pruitt	24.00	1997
3. Tabreisha Lawrence	24.40	1997
4. Doris Williams	24.54	1989
5. Deidre Echevarria	24.68	2002
6. Roxanne Jackson	24.79	1984
7. Kathy Smallwood	24.84	1971
8. Kiyota Reed	24.95	2002
9. Laura Jackson	25.10	1984
10. Lana Cantrell	25.14	1988

400 METERS

1. Chi Cheng	52.34	1971
2. Jakki Henderson	52.49	1991
3. Roxanne Jackson	55.06	1984
4. Tabreisha Lawrence	55.24	1997
5. Carmen Franklin	56.11	2004
6. Laura Jackson	56.60	1984
7. Daniella Russell	56.70	2001
8. Deidre Echevarria	57.12	2003
9. Suzy Boehner	57.14	1979
10. Kathy Smallwood	57.80	1971

800 METERS

1. Ellie Carey	2:09.85	1986
2. Rosetta Hunter	2:10.04	1995
3. Karen Farley	2:10.60	1985
4. Kristin Harkins	2:11.61	1989
5. Carmen Franklin	2:11.75	2004
6. Miste Garcia	2:12.31	1985

7. Cynthia Hohlstein	2:13.61	2002
8. Janet Nicholls	2:15.81	1986
9. Jakki Henderson	2:15.69	1991
10. Roxanne Jackson	2:18.30	1984

1500 METERS

1. Joann Howard	4:25.45	1986
2. Miste Garcia	4:27.96	1985
3. Kristin Harkins	4:29.80	1990
4. Ellis Carey	4:31.63	1986
5. Rosetta Hunter	4:34.63	1995
6. Karen Fraley	4:35.05	1987
7. Tere DeAnda	4:36.3	1978
8. Sherrie Roach	4:36.95	1987
9. Kim Difilippo	4:39.13	1986
10. C. Bruler	4:39.9	1979

3000 METERS

1. Joann Howard	9:30.54	1985
2. Kellie Taylor	9:45.63	1991
3. Gina Placencio	9:50.67	1988
4. Sherrie Roach	9:53.29	1986
5. Kim Difilippo	9:58.35	1986
6. Kristin Harkins	10:05.7	1989
7. Miste Garcia	10:08.1	1984
8. Trisha Molina	10:17	1986
9. Rosettas Hunter	10:19.54	1993
10. LaVon LaMon	10:21.1	1983

3000 METER STEEPLECHASE

1. Jamie Ray	11:22.14	2003
2. Amanda McDermott	11:53.10	2002
3. Aprile Grothe	12:10.48	2004
4. Jayme Ambos	12:12.06	2004
5. Natalie Miano	12:29.64	2003
6. Gabby Hernandez	12:43.89	2001
7. Shawna Winfrey	12:48.70	2002
8. Amie Beard	12:59.56	2003

5000 METERS

1. Joann Howard	16:38.8	1985
2. Sherie Roach	16:54.4	1987
3. Kellie Taylor	17:24.67	1991
4. Trisha Molina	17:37.8	1987
5. Christina Jimenez	17:57.51	2004
6. Kim Difilippo	18:07.3	1985

7. Natalie Miano-Batres	18:12.90	2005
8. Susan Armenta	18:25.88	1995
9. Miste Garcia	18:28.2	1984
10. Maria Mendoza	18:28.69	1989

10000 METERS

1. Sherie Roach	35:10.9	1987
2. Joann Howard	36:09.0	1985
3. Trisha Molina	36:31.4	1987
4. Kellie Miller	38:32.0	1987
5. K. Niederhaus	38:08	1992
6. Christina Jimenez	38:22.46	2004
7. Monica Valdez	38:57.4	2005
8. Maria Mendoza	39:03.1	1989
9. Susan Armenta	39:05.47	1995
10. Jodi Rempel	39:07.29	1988

100 METER HURDLES

1. Chi Cheng	13.04	1971
2. Doris Williams	13.41	1989
3. Lana Cantrell	13.69	1988
4. Tabreisha Lawrence	13.82	1999
5. Aldora George	13.86	1993
6. Kiyota Reed	14.12	2002
7. K. Paulson	14.24	1978
8. N. Radi	14.64	1979
9. Alishia Carter	14.65	1999
10. Pam Fortner	14.65	1986

400 METER HURDLES

1. Tabreisha Lawrence	58.95	1998
2. Lana Cantrell	59.99	1988
3. Aldora George	60.60	1993
4. Suzy Boehner	61.14	1979
5. Sue Rupel	62.24	1983
6. Janet Nicolls	62.64	1984
7. Pam Fortner	62.94	1986
8. Christina Glenn	62.97	1984
9. Musiette McKinney	63.64	1979
10. Nicole Lomeli	63.77	2001

LONG JUMP

1. Chi Cheng	20-4.75	1971
2. Veronica Bell	20-3.75	1982
3. Debra Larsen	20-2.50	1986
4. Dominique Hughes	19-5.50	1995

5. Suzy Boehner	19-2	1979
6. Yatasha Edinbyrd	18-8.5	1989
6. Ruth Moecks	18-8.5	1998
8. Janet Nicholls	18-7.5	1986
9. Marisha Parnell	18-1.75	1994
10. Durelle Schimek	18-1	1988

TRIPLE JUMP

1. Dominique Hughes	40-9.5	1995
2. Ruth Moecks	39-10.5	1997
3. Valerie Henderson	39-0.50	2004
4. Debra Larsen	38-6	1986
5. Camille Robertson	36-7.75	1985
6. Yatasha Edinbyrd	36-7	1988
7. Maisha Parnell	36-2.75	1991
8. Angela May	36-2	1992
9. Kim Butler	33-6	2000
10. Yvette Hill	32-5	1988

HIGH JUMP

1. Janet Nicolls	6-0.50	1984
2. Durelle Schimek	6-0	1988
2. Debra Larsen	6-0	1986
4. Kimber Reed	5-9.25	1988
5. Topaz Marcos	5-7.75	2004
6. Suzy Boehner	5-7.50	1979
7. Christina Glenn	5-7.25	1985
8. Rachel Schaffner	5-6.50	2004
9. Musiette McKinney	5-6	1979
10. Dena Beatty	5-5	1984

SHOT PUT

1. Brandi Gail	50-8	1988
2. Nicole Beauregard	47-9.25	1995
3. Debra Larsen	47-2.50	1985
4. Susanne Back	45-10.75	2003
5. Monica Wren	45-2	1984
6. Durelle Schimek	44-1.5	1989
7. Janet Nicolls	43-11.75	1986
8. Janelle Strohmeier	43-10.50	1987
9. Yvonne Hill	42-10.75	1988
10. Jaqueline Nelsen	42-2.75	1984

DISCUS

1. Brandi Gail	164-3	1988
2. Jodie Warr	151-7	1994
3. Christy Buehler	150-9	2002
4. Monica Wren	150-1	1984
5. Jaqueline Nelsen	143-6	1984
6. Lorna Gregory	141-6	1984
7. Nicole Beauregard	139-7	1994
8. Aurelia Dardaillon	137-05	2004
9. Carol Hall	132-7	1983
10. Dana Carlson	126-10	1988

JAVELIN

1. Durelle Schimek	186-10	1988
2. Jaqueline Nelsen	167-7	1984
3. Janet Nicolls	160-11	1986
4. Debra Larsen	155-3	1986
5. Kimber Reed	153-10	1988
6. Raedean Rona	153-2.50	1981
7. Dana Carlson	146-0	1988
8. June Wintermute	142-11	1983
9. Monica Wren	142-6	1983
10. Susanne Back	142-3	2002

HAMMER THROW

1. Katy Everett	156-3	2001
2. Susanne Back	148-7	2003
3. Nicole Beauregard	139-2	1996
4. Christy Buehler	132-11	2002
5. Stephanie Aiken	130-06	2004
6. Melissa Beauregard	129-9	1999
7. Jane DeVries	129-2	1997
8. Ariana Robinson	127-0	2005
9. Mary Rauch	108-5	1997

HEPTATHLON

1. Debra Larsen	5827	1986
2. Janet Nicolls	5766	1986
3. Durelle Schimek	5507	1989
4. Christina Glenn	5088	1985
5. Ruth Moecks	4787	1997
6. Sue Girard	4502	1990
7. Rachel Schaffner	4095	2004
8. Nicole Lomeli	3547	2002
9. Elizabeth Eagleton	3401	1995
10. Jean York	3194	1993

4X100 RELAY

1. Moecks, Lawrence, Hughes, Pruitt	46.75	1997
2. George, Clavin, Henderson, Weatherford	47.16	1991
3. Dismuke, Lawrence, Hughes, Pruitt	47.21	1996
4. Barker, Jackson, Fortner, R. Jackson	48.08	1984
5. Sanchez, Lawrence, Moecks, Pruitt	48.12	1998
6. May, Calvin, George, Brhel	48.53	1992
7. Cantrell, O'Keefe, Hill, Williams	48.54	1988
8. Barker, Fortner, Lavering, R. Jackson	48.63	1984
9. Edinbyrd, Cantrell, Hill, Williams	48.68	1988
10. Barker, Williams, Fortner, Williams	48.75	1985

4X200 RELAY

1. Moecks, Lawrence, Hughes, Pruitt	1:38.87	1997
2. Barker, Fortner, L. Jackson, R. Jackson	1:40.93	1984
3. McDade, R. Jackson, Robinson, Bell	1:42.69	1982
4. Pruitt, Dismuke, Lawrence, Hughes	1:42.84	1996
5. L. Jackson, Lavering, Williams, R. Jackson	1:46.6	1984
6. Franklin, Everett, Tomlin, Schaffner	1:49.93	2004
7. Fabbrio, Nicolls, Beatty, Piersma	1:51.0	1983
8. McDade, Spears, Robinson, Williams	1:52.88	1982
9. Nicolls, Mirando, Beatty, Piersma	1:53.1	1983

4X400 RELAY

1. L. Jackson, Glenn, Nicolls, R. Jackson	3:44.98	1984
2. Glenn, Farley, Nicolls, R. Jackson	3:50.2	1984
3. Piersma, Rupel, Lawson, R. Jackson	3:50.67	1982
4. S. Williams, Glenn, Nicolls, Piersma	3:51.15	1983
5. S. Williams, Nicolls, L. Jackson, R. Jackson	3:52.4	1984
6. S. Williams, Glenn, Garcia, Farley	3:52.45	1985
7. Henderson, Calvin, George, May	3:52.59	1991
8. Harkins, Cantrell, Williams, O'Keefe	3:53.10	1988
9. Cantrell, Harkins, McGrath, Williams	3:53.89	1988
10. R. Jackson, Bell, Lawson, Nicolls	3:57.2	1982

4X800 RELAY

1. Harkins, Hunter, Tobias, York	9:16.0	1992
2. Farley, Gonzales, Placencio, Garcia	9:29.6	1987
3. R. Jackson, Flores, Lawson, Piersma	9:54.7	1982
4. Tobias, McGrath, Gann, Taylor	9:57.3	1991
5. Harkins, Placencio, Alarcon, McGrath	9:59.3	1988
6. McGrath, O'Neill, Girard, Hawkins	9:59.5	1990
7. Brown, Franklin, Winfrey, Miano	10:00.38	2004
8. Lawson, Flores, Masonis, Piersma	10:01.2	1982
9. Miano, Franklin, Brown, Valdez	10:06.56	2005

10. Newton, DeAnda, Wallace, Spears	10:17.4	1983
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4X1600 RELAY

1. Harkins, Hunter, York, Niederhaus	21:34.0	1992
2. Miano, Valdez, Jimenez, Ray	21:59.24	2005
2. Jimenez, Vega, Hurley, Grothe	22:29.17	2004
3. Gann, Harkins, Hunter, York	22:38.0	1992
4. Ghiglieri, Villescias, Falcon, McCoy	24:05.5	1997
5. Swift, Gomez, Trejo, Murena	24:44.7	1997

800 METER SPRINT MEDLEY

1. McDade, Bell, R. Jackson, Piersma	1:47.0	1982
2. McDade, Bell, R. Jackson, Piersma	1:50.4	1982
3. McDade, Robinson, Durand, Nicolls	1:53.8	1982
4. Spears, Robinson, McDade, R. Jackson	1:54.4	1981
5. Fortner, Dorothy, Barker, Williams	2:01.5	1985

SPRINT MEDLEY

1. May, Weatherford, George, Hunter	4:12.35	1993
2. Barker, L. Jackson, Williams, Farley	4:16.3	1984
3. McDade, Robinson, Nicolls, Flores	4:19.0	1982
4. Hughes, Pruitt, Dismuke, Lawrence	4:21.26	1996
4. Spears, Mirando, Lawson, Piersma	4:31.48	1982

DISTANCE MEDLEY

1. Farley, Nicolls, Carey, Howard	12:09.9	1986
2. Garcia, Glenn, Farley, Howard	12:10.95	1985
3. Calvin, Henderson, Gann, Taylor	12:17.82	1981
4. Calvin, York, Harkins, Hunter	12:28.9	1992
5. Miano, Wooten, Franklin, Valdez	12:42.34	2005
6. York, McGrath, O'Neill, Harkins	12:48.0	1990
6. Difilippo, Locke, Webb, Roach	12:48.0	1986
8. Winfrey, Franklin, Brown, Miano	12:49.66	2004
9. Alarcon, McGrath, Kinyon, Harkins	13:00.3	1988
10. Piersma, Lawson, Masonis, Flores	13:01.3	1982