

**2006 CAL POLY POMONA
WOMEN'S TRACK & FIELD BEST LIST**

Final Season Stats

					"A"	"B"
100 Meters	Yr	Time	Date	Place	11.50	12.10
200 Meters	Yr	Time	Date	Place	23.80	24.80
Carmen Franklin	Sr.	26.07	4/8	APU		
Kristen Cavanaugh	So.	32.40	4/14	PP		
400 Meters	Yr	Time	Date	Place	54.00	56.60
Carmen Franklin	Sr.	56.43	5/6	UCSD		X
800 Meters	Yr	Time	Date	Place	2:08.00	2:15:00
Carmen Franklin	Sr.	2:09.34	6/4	Oxy		X
Natalie Miano-Batres	Sr.	2:30.15	4/14	PP		
1500 Meters	Yr	Time	Date	Place	4:27.00	4:44.00
Natalie Miano-Batres	Sr.	4:46.15	5/6	UCSD		
Monica Valdez	Sr.	4:50.65	3/25	USC		
Evelyn Lopez	Jr.	5:03.22	4/29	UCI		
Karina Vega	Jr.	5:04.80	4/29	UCI		
Claudia Garcia	So.	5:18.29	4/14	PP		
Raha Hakimdavar	Jr.	5:19.61	3/11	Mt. SAC		
3000 Meters	Yr	Time	Date	Place	9:40.00	10:18.00
Monica Valdez	Sr.	10:05.10	3/25	USC		X
Christina Jimenez	Jr.	10:39.48	4/22	UCSD		
Karina Vega	Jr.	10:48.32	4/22	UCSD		
Natalie Miano-Batres	Sr.	11:05.64	5/6	UCSD		
Evelyn Lopez	Jr.	11:09.13	4/22	UCSD		
3000 Meters SC	Yr	Time	Date	Place	10:20.00	11:27.00
Jamie Ray	Sr.	11:25.86	4/14	PP		X
Whitney Hurley	Jr.	11:51.28	5/6	UCSD		
Evelyn Lopez	Jr.	13:23.2h	3/11	Mt. SAC		
5000 Meters	Yr	Time	Date	Place	16:40.00	17:50.00
Monica Valdez	Sr.	17:52.09	3/11	Mt. SAC		
Christina Jimenez	Jr.	18:23.22	5/6	UCSD		
Karina Vega	Jr.	18:35.35	4/14	PP		
Natalie Miano-Batres	Sr.	18:58.96	3/11	Mt. SAC		
Evelyn Lopez	Jr.	19:29.18	4/14	PP		
10000 Meters	Yr	Time	Date	Place	35:00.00	37:55.00
Monica Valdez	Sr.	38:05.21	4/14	PP		
Christina Jimenez	Jr.	39:34.92	4/14	PP		
100 Hurdles	Yr	Time	Date	Place	13.80	14.65
Lyric Teigen	So.	15.53	5/6	UCSD		
Amanda Smith	Fr.	16.67	4/8	APU		
400 Hurdles	Yr	Time	Date	Place	59.00	1:03.30

4X100 Relay		Time	Date	Place	45.50	47.50
Team A		54.38	5/6	UCSD		

4X400 Relay		Time	Date	Place	3:42.00	3:52.00
Team A		4:13.15	3/4	Long Beach		

High Jump	Yr	Height	Date	Place	5-10.50	5-06.50
Pole Vault	Yr	Height	Date	Place	13-01.50	11-07.75
Lyric Teigen	So.	11-6.50	5/6	UCSD		

Long Jump	Yr	Distance	Date	Place	20-06.25	18-8.00
Jasmine Winn	Fr.	18-3.75	5/5	UCSD		
Valerie Henderson	Sr.	16-10.75	4/29	UCI		
Amanda Smith	Fr.	15-8.00	2/25	CMS		
Kristin Cavanagh	So.	13-6.25	4/22	UCSD		

Triple Jump	Yr	Distance	Date	Place	41-00.25	38-00.75
Valerie Henderson	Sr.	38-2.25	4/29	UCI		X
Jasmine Winn	Fr.	36-5.75	5/6	UCSD		

Shot Put	Yr	Distance	Date	Place	50-00	43-06
Discus	Yr	Distance	Date	Place	166-00	144-04

Javelin	Yr	Distance	Date	Place	155-00	133-00
Kristin Cavanagh	So.	110-00	5/6	UCSD		
Amanda Smith	Fr.	101.00	3/25	USC		

Hammer	Yr	Distance	Date	Place	185-00	158-09
Heptathlon		Points	Date	Place	5250	4475
Kristin Cavanagh	So.	2883	5/5	UCSD		

Team Result

2/25 CMS All-Comers
 3/4 Long Beach Relays
 3/11 Ben Brown Invitational
 3/25 USC Invitational
 3/31 Cal/Nevada at Fresno State
 4/1 Cal/Nevada at Fresno State
 4/8 APU Meet of Champions
 4/13 Mt. SAC Relays
 4/14 Pomona-Pitzer Invitational
 4/22 Triton Invitational (UCSD)

4/29 Steve Scott Invitational (UCI)
5/5-6 CCAA Championships (UCSD)
5/13 Oxy Invite (Occidental)
5/25-27 NCAA Championships (Emporia State)
6/4 USATF Championships (Occidental)